

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING AGENDA

September 10, 2018 – 9:00-10:30 A.M.

Scottish Rite Center-Shell Room-1895 Camino Del Rio South, San Diego, CA 92108

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|---|-------------------|
| I. Welcome and Introductions (Violeta Mora) | 5 minutes |
| <ul style="list-style-type: none"> New co-chair- Dori Gilbert Welcome New Council Members | |
| II. Approval of Minutes (Dori Gilbert) | 3 minutes |
| <ul style="list-style-type: none"> June 11, 2018 (Handout) July 9, 2018 (Handout) Review action items from June and July 2018 – See meeting minutes (Yael Koenig) | |
| III. Business Items (Yael Koenig) | 15 minutes |
| <ul style="list-style-type: none"> Early Childhood Video- Supporting Caregivers (Aisha Pope & Jennifer Kennedy) Advancing CYF System of Care Principles Award (Rose Woods) Accessing BHETA Trainings (Handout) (Rose Woods) Fiscal Year 2017-2018 Accomplishments (Handout) Goals for Fiscal Year 2018-2019 (Handout) New Attendee Welcome Packet. Video link: https://youtu.be/ap3EdFAMzhE Bi-Annual Meetings dedicated to Sub-Committee Update Report Discussion DARK in November December Council Meeting at alternate location- TBD | |
| IV. Mental Health Services Act (MHSA) Update (Adrienne Collins Yancey) | 10 minutes |
| <ul style="list-style-type: none"> BHS Forums Combined Council Meeting on 10/8/18 Peripartum Services (INN-18) | |
| V. Sectors “Hot Topics” (Dori Gilbert) | 55 minutes |
| <ul style="list-style-type: none"> Project Cal-Well (Handout) (Heather Nemour) SchoolLink (Handout) (Yael Koenig) Presentation on Organized Support Companion in an Emergency Situation (OscER) & OscER Jr. (Handout) (Leo Pizarro) | |
| VI. Sub-Committee Update Reports- Please review handouts | Handouts |
| <ul style="list-style-type: none"> CYF Liaison (Renee Cookson) Quality Improvement (QI)- Quality Management (QM) (Heather Parson) Change Agents Developing Recovery Excellence (CADRE) (Shannon Jackson) | |
| VII. Announcements (Violeta Mora) | 2 minutes |
| <ul style="list-style-type: none"> 9th Annual Early Childhood Mental Health Conference- September 13-15, 2018 (Flier) 2018 Recovery Happens- September 15, 2018 (Flier) Annual School Summit 2018- October 12, 2018 (Flier) | |
| VIII. Director’s Report (Alfredo Aguirre) | 10 minutes |

Next Executive Committee Conference Call:

Date: Monday, October 22, 2018

Time: 10:00-10:30 A.M.

Location: Via Conference Call

Next Meeting: Combined Council Meeting/ BHS Forum

Date: Monday, October 8, 2018

Time: 10:00AM-12:00 PM

Location: National University Spectrum Business Park
Campus- 9388 Lightwave Ave, San Diego, CA 92123

Sub-Committees/Sectors/Workgroups Meetings Information:

CCRT: Meets the 1st Friday of the month-6367 Alvarado Court Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

CSOC Academy: Meets the 1st Wednesday of the month-6505 Alvarado Road, Suite 107, San Diego, CA 92120 from 9:00 to 10:00 A.M.

CYF CADRE: Meets quarterly 2nd Thursday of the month- 5095 Murphy Canyon Rd, San Diego 92123- Suite 320 from 1:30 to 3:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South Suite 101, San Diego, CA 92108-at 10:45 A.M. to 12:15 P.M.

Education Advisory Ad Hoc: Meets as needed.

Family and Youth As Partners: Meets the 3rd Thursday of the month- Del Mar Room from 2:00 to 3:30 P.M.

Family/Youth Sector: Meets quarterly on 4th Thursday of the month at 8964 N Magnolia St, Santee, CA 92071 from 6:30 to 8:00 P.M.

Outcomes: Meets the 1st Tuesday of the month-La Vista Room from 11:30 A.M. to 1:00 P.M.

Private Sector: Meets as needed.

TAY Council: Meets the 4th Wednesday of the month-3860 Calle Fortunada, San Diego, CA 92123 from 3:00 to 4:30 P.M.

**County of San Diego
Children, Youth and Families Behavioral Health
System of Care Council
Mission, Vision, and Principles**

Council Vision:

Wellness for children, youth and families throughout their lifespan.

Council Mission:

Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Council Principles:

1. **Collaboration of four sectors:** Coordination and shared responsibility between child/youth/family, public agencies, private organizations and education.
2. **Integrated:** Services and supports are coordinated, comprehensive, accessible, and efficient.
3. **Child, Youth, and Family Driven:** Child, youth, and family voice, choice, and lived experience are sought, valued and prioritized in service delivery, program design and policy development.
4. **Individualized:** Services and supports are customized to fit the unique strengths and needs of children, youth and families.
5. **Strength-based:** Services and supports identify and utilize knowledge, skills, and assets of children, youth, families and their community.
6. **Community-based:** Services are accessible to children, youth and families and strengthen their connections to natural supports and local resources.
7. **Outcome driven:** Outcomes are measured and evaluated to monitor progress and to improve services and satisfaction.
8. **Culturally Competent:** Services and supports respect diverse beliefs, identities, cultures, preference, and represent linguistic diversity of those served.
9. **Trauma Informed:** Services and supports recognize the impact of trauma and chronic stress, respond with compassion, and commit to the prevention of re-traumatization and the promotion of self-care, resiliency, and safety.
10. **Persistence:** Goals are achieved through action, coordination and perseverance regardless of challenges and barriers.

May 1, 2018



CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

MEETING MINUTES

June 11, 2018 – 9:00-10:30 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY	MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR				
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	VACANT
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe
3	Public Safety Group/ Probation	VACANT		VACANT
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar
EDUCATION SECTOR				
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	VACANT
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne
12	Special Education	Aidee Angulo	O	Yuka Sakamoto
PRIVATE SECTOR				
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Carlos Flores	O	Peggy Webb
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond
15	Mental Health Contractors Association	Steve Jella (Jamie Thomas)	O	Barent Mynderse
16	Mental Health Contractors Association	Angela Chen	+	Delrena Swaggerty
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada
18	Fee- For-Service Network	Dr. Sherry Casper	O	VACANT
19	Managed Care Health Plan	George Scolari	E	Rogelio Lopez
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT
FAMILY AND YOUTH SECTOR				
21	Family and Youth Liaison	Renee Cookson	+	VACANT

22	Caregiver of child/youth served by the Public Health System	Debbie Stolz	+	VACANT	
23	Youth served by the Public Health System (up to age 26)	Emma Rodriguez	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Micaela Cunningham	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora	+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson	+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome and Introductions (Renee Cookson)

II. Approval of Minutes (Violeta Mora)

- Review of action items from May 14, 2018. See May 14, 2018 Meeting minutes. (Yael Koenig)
- May 14, 2018 meeting minutes-Approved.

III. Business Items (Yael Koenig)

- Global Oversight Analysis Linking Systems (GOALS) Memorandum Of Understanding (MOU) Update– (Mara Madrigal-Weiss)
 - ✓ The GOALS MOU was originally created in 2009 partnership with the San Diego County Office of Education Project PEACE, Grossmont Union High School District Project SHIELD and their key stakeholders in San Diego County's East Region (Management Advisory Resource Commission), and funded by the Safe Schools Healthy Students Initiative
 - ✓ The purpose of this MOU is to define boundaries of information sharing and cross system collaboration between San Diego County School Districts, law enforcement agencies, County of San Diego CWS, CYF, and Probation, and County of San Diego Behavioral Health providers
 - ✓ This MOU has assisted with trend data sharing on students involved in prostitution, gangs and domestic violence. The data has been used to configure successful treatment practices
 - ✓ The current MOU expires on October 31, 2019. A new MOA draft was developed and is currently being routed
 - ✓ There are about fifteen school districts participating in this MOU
 - ✓ The expansion of this MOU is being funded through the Project Cal-Well Initiative
 - ✓ Renewed public interest to achieve effective cross-agency collaboration has resurfaced recently due to recent school shootings and suicides.
- CYF Council Strategic Planning Meeting-July 9, 2018- (Yael Koenig)
 - ✓ CYF Council members and meeting attendees expressed the need to learn from other systems (system navigation) at the July 9, 2018 CYF Council Strategic Planning meeting
 - ✓ A handout for recommendations, ideas, topics, and meeting format was distributed at the May 14, 2018 meeting
 - ✓ With the input received, a new handout was developed and distributed at the June 11, 2018 CYF Council meeting. The handout (yellow) instructed to chose five "systems of focus" as topics, propose a Subject Matter Expert (SME) and encouraged to include case vignettes to enrich a panel conversation at the upcoming July 9, 2018 CYF Council Strategic Planning meeting
 - ✓ Each of the chosen "system of focus" will offer a subject matter expert for the panel. Three main questions directed to the panel and the case vignette will be employed to aid in the dialogue.

- CYF Council meetings will be dark in August 2018, and potentially in December 2018.
- CYF Council Memberships
 Seat rotations for CYF Council members and alternates are currently taking place. New members and alternates will be announced at the September 10, 2018 meeting. Applicable representatives from each sector will be contacted shortly for membership renewals or new appointments.
- Recognition to Barent Mynderse
 After almost 44 years, Barent Mynderse will be retiring as Director of Behavioral Health Services at Rady Children's Hospital-San Diego. Mr. Mynderse was recognized with a letter of appreciation and a plaque for his partnership and commitment to the CYF Council representing the Private Sector.

IV. Mental Health Services Act (MHSA) Update (Martin Dare)

- The Fiscal Year 2018-19 Community Planning Process is being planned as follows:
 - ✓ Community forums and focus groups for public feedback are projected to be held in September 2018
 - ✓ "Human Centered Design" consultant services are being procured for facilitation of a series of community forums dedicated to involving stakeholders in the development of new Innovation projects.
- Innovation
 - ✓ The contract for the Center for Child and Youth Psychiatry (CCYP) will be effective July 1, 2018. CCYP will provide psychotropic medication services through office based clinics and tele-psychiatry. This program will also benefit those children with co-occurring complex physical health conditions.
 - ✓ Innovation 18-Peripartum Services is a CYF Perinatal project in collaboration with the Public Health Nurses Home Visiting Programs. The proposed program intends to support parents who have perinatal mood and anxiety disorders and provide treatment services and linkages to appropriate resources and care. The proposal was initiated due to CYF Council highlighting the need for increased screening, treatment and linkage to services for perinatal behavioral health issues. This project will be presented for approval to the MHSOAC tentatively in August 2018.

V. Sectors "Hot Topics"

- Accessing & Leveraging Families' Rights to Education (AlfrEDU)-(Renee Cookson)
 AlfrEDU is a free cloud based application designed to help families, caregivers and school providers navigate the Special Needs education system.
 - ✓ Is a tool to help families with a child with a disability navigate the public education system. For example, it offers a simplified explanation of Individualized Education Programs (IEP)
 - ✓ It features a step by step navigation tools that can be tailored specifically to each child's actual school within each respective California school district
 - ✓ It includes resources and laws school district/region specific for list, glossary of terms, acronym list, IEP event calendar, legal services directory, mental health resources, and technological tips
 - ✓ AlfrEDU complements the Organized Support Companion in an Emergency Situation (osCER and osCER Jr.) and other resource programs like "Ed100", a free online course with videos regarding the education system: <https://ed100.org/>
 - ✓ AlfrEDU is available in English, Spanish and in Arabic and can be accessed it at: <https://alfredu.namisaniego.org/>.
- Educationally Related Mental Health Services (ERMHS)-Part 2-Questions and Answers (Q&A)-(Cara Schukoske and Jamie Tate-Symons)
 Summary:
 ERMHS' goal is to address each student's mental health needs while ensuring they successfully access and progress within their educational program(s).
 - ✓ Educators and mental health clinicians need to understand each other roles for the benefit of the child
 - ✓ Close and continued collaboration between educators and mental health clinicians would contribute to a successful outcomes in child/student's mental health treatment and education. Need to create the most effective IEPs
 - ✓ A child's needs outside the classroom must also be considered. Resource information (such as AlfrEDU and Ed100) should be disseminated through schools to help educators be aware of resources available in the community. A "Roadmap" for each region may be beneficial.

- ✓ Providing mental health literacy to school staff is key to eliminate stigma and help prevent mental health emergencies in students.

VI. Sub-Committee Update Reports (See meeting handouts for full report)

- Early Childhood (Aisha Pope and Jennifer Kennedy)-To be rescheduled for the September 10, 2018 CYF Council meeting
 - ✓ Supporting Caregivers- 3 minutes video
- Transition Age Youth (TAY)-(Michael Miller)
- CSOC Academy (Rose Woods)
- QI-QM (Heather Parson)

VII. Announcements

- BHETA training topic or conference topic suggestions to Rose Woods at rwoods@sdsu.edu.
- Advancing Principles Award Nominations (Rose Woods) <https://goo.gl/forms/Jb506lXQj2lhxjLw2>.
- Fiscal Year 2018-19 CYF Council /Reporting Schedule (handout).

VIII. Director's Report (Alfredo Aguirre)

- State Level

The Governor's Fiscal Year 2018-19 budget was distributed to the CYF Council by the BHS Director prior to the meeting: <http://www.ebudget.ca.gov/budget/2018-19/#/Home>.
- Local Level
 - ✓ The BHAB approved two Board letters presented as action items at the June 7, 2018 meeting:
 - BHS Procurements, Competitive Solicitations and Amendment of Contracts

Competitive Solicitations for:

- Augmented Services Programs
- Behavioral Health Outpatient Services for Homeless/Runaway Children and Youth
- Evidence-Based Parenting Training and Behavioral Therapy for Children and Families Involved with Child Welfare Services
- Intensive Case Management Wraparound Services for Youth and Families Involved with CWS or San Diego County Probation

Contract Amendments for:

- MHSA Innovation-16 Urban Beats (552663 Pathways Community Services)
- MHSA Innovation-17 Cognitive Rehabilitation and Exposure/Sorting Therapy Mobile Hoarding Units (552936 University of California, San Diego)

- Allocation of Funding for Permanent Supportive Housing – This recommended action requests authority to transfer up to an additional \$10 million of MHSA funds to California Housing Finance Agency (CalHFA) for the Special Needs Housing Program (SNHP). If approved, 60 additional Supported Housing units could be developed. More information at: <http://sandiego.camhsa.org/housing.aspx>; <http://www.calhfa.ca.gov/multifamily/snhp/index.htm>

- ✓ The County Chief Administrative Officer (CAO) will deliver a presentation to the Board Of Supervisors (BOS) on the Fiscal Years 2018-19 and 2019-20 Recommended Operational Plan on June 13, 2018. The Recommended Operational Plan along with CAO's Recommended Operation Plan Change Letter will be consider for adoption by the BOS on June 26, 2018
- ✓ Due to the Drug Medi-Cal Organized Delivery System (DMC-ODS), BHS expects a significant budget increase in Fiscal Year 2018-19
- ✓ The San Diego County Grand Jury recently commended the Psychiatric Emergency Response Team (PERT) and local Law Enforcement for their work, as they continue diverting hospitalizations and/or arrests
- ✓ 32nd Annual Behavioral Health Recognition dinner on June 1, 2018
 - Walter Philips, of San Diego Youth Services (SDYS) was honored as the "Behavioral Health Person of the Year"
 - North County Serenity House recognized as the "Behavioral Health Director's Program of the Year".
- ✓ The Live Well San Diego 5K will be held on Sunday, July 29, 2018 at the San Diego Waterfront Park: <http://www.livewellsd.org/content/livewell/home/livewellsd5k.html>.

Action Items	Action By	Action Due
<ul style="list-style-type: none"> Provide suggestions of panel members/presenters and case vignettes for the upcoming Strategic Planning Meeting to Grisel Ortega at Grisel.Ortega@sdcounty.ca.gov. 	<ul style="list-style-type: none"> Everyone 	<ul style="list-style-type: none"> Completed.
<ul style="list-style-type: none"> Provide an update on the GOALS MOU. Educationally Related Mental Health Services (ERMHS) presentation. Accessing and Leveraging Families Rights to Education (AlfrEDU). SchoolLink preview. Project Cal-Well-Mental Health Update. Provide information on Ed 100: https://ed100.org/ https://ed100.org/lessons/specialneeds 	<ul style="list-style-type: none"> Mara Madrigal-Weiss Cara Schukoske and Jamie Tate-Symons Renee Cookson Aidee Angulo and Julie McPherson Heather Nemour Heather Nemour 	<ul style="list-style-type: none"> Completed on June 11, 2018 at CYF Council meeting. Completed. Presentation completed May 14, 2018 CYF Council meeting. Questions and Answers completed at the June 11, 2018 CYF Council meeting. Completed. Presented on the June 11, 2018 CYF Council meeting. Scheduled for the September 10, 2018 CYF Council meeting. Scheduled for the September 10, 2018 CYF Council meeting. Completed via links.
<ul style="list-style-type: none"> Provide GOAL's MOU to Managed Care Health Plan Liaison to explore collaboration, recognizing the limitation due to Health Plans requirement of a counter signature. 	<ul style="list-style-type: none"> Edith Mohler 	<ul style="list-style-type: none"> Offered support and will explore further as appropriate.
<ul style="list-style-type: none"> Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting. 	<ul style="list-style-type: none"> Aisha Pope and Jennifer Kennedy 	<ul style="list-style-type: none"> Re-scheduled for the September 10, 2018 CYF Council meeting June 11, 2018 CYF Council meeting.
<ul style="list-style-type: none"> Center for Child and Youth Psychiatry Presentation 	<ul style="list-style-type: none"> New Alternatives staff 	<ul style="list-style-type: none"> Fiscal Year 2018-19
<ul style="list-style-type: none"> Recommended Fiscal Year 2018-19 CYF Council goal: School Threats/Violence Assessments 	<ul style="list-style-type: none"> To Be Determined 	<ul style="list-style-type: none"> Fiscal Year 2018-19.
<ul style="list-style-type: none"> Recommended Fiscal Year 2018-19 CYF Council goal: Develop a County inter-agency resource list of behavioral health services. 	<ul style="list-style-type: none"> Would necessitate the creation of an Ad Hoc Sub-Committee and a lead 	<ul style="list-style-type: none"> Fiscal Year 2018-19. If Council determines that this is to be an area of focus, the following resources can be leveraged: ✓ https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf

		✓ https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/homepage/All_Provider_Directory/BHS_Provider_Directory.pdf
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Next CYF Council Meeting:, July 9, 2018, 9:00-10:30 A.M. at the Scottish Rite – Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex-6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly – 1st qtr. – contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets the 3rd Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in La Jolla Room from 2:00 to 3:30 P.M.

Private Sector: Ad Hoc/Meets As Needed.

CHILDREN, YOUTH AND FAMILIES (CYF) BEHAVIORAL HEALTH SYSTEM OF CARE COUNCIL

**ANNUAL STRATEGIC PLANNING
 MEETING MINUTES**

July 9, 2018 – 9:00-10:30 A.M.

Scottish Rite – Shell Room -1895 Camino del Rio South, San Diego CA 92108

+ = Member in Attendance O = Absent E = Excused

CONSTITUENCY		MEMBER	STATUS	ALTERNATE	STATUS
PUBLIC SECTOR					
1	Behavioral Health Advisory Board (BHAB)	Rebecca Hernandez	O	Bill Stewart	O
2	Behavioral Health Services (BHS)	Dr. Laura Vleugels	+	Dr. Jeffrey Rowe	+
3	Public Safety Group/ Probation	Dr. Geoff R. Twitchell		Chrystal Sweet*	
4	Child Welfare Services (CWS)	Cathi Palatella	O	Alice Kennedy	O
5	HHSA Regions	Dori Gilbert	+	Jennifer Sovay	O
6	Public Health	Dr. Thomas R. Coleman	O	Rhonda Freeman	+
7	Juvenile Court	H. Judge Kimberlee Lagotta	O	Michelle Johnson	O
8	First 5 Commission	Alethea Arguilez	O	Dulce Cahue-Aguilar	+
EDUCATION SECTOR					
9	Special Education Local Plan Area (SELPA)	Cara Schukoske	+	Jamie Tate - Symons	
10	Regular Education Pupil Personnel Services	Heather Nemour	O	Mara Madrigal-Weiss	O
11	School Board	Barbara Ryan	E	Sharon Whitehurst-Payne	O
12	Special Education	Aidee Angulo	O	Yuka Sakamoto	+
PRIVATE SECTOR					
13	San Diego Regional Center (SDRC) for Developmentally Disabled	Peggy Webb	O	VACANT	+
14	Alcohol and Drug Service Provider Association (ADSPA)	Angela Rowe	+	Marisa Varond	+
15	Mental Health Contractors Association	Delrena Swaggerty	O	Steven Jella	+
16	Mental Health Contractors Association	Michelle Ly	+	Michelle Hogan	+
17	San Diego Nonprofit Association (SDNA)	Margaret Iwanaga Penrose	O	Rosa Ana Lozada	+
18	Fee- For-Service (FFS) Network	Dr. Sherry Casper	O	VACANT	
19	Managed Care Health Plan	George Scolari	E	Kathleen Lang	O
20	Healthcare/ Pediatrician	Dr. Pradeep Gidwani	O	VACANT	

FAMILY AND YOUTH SECTOR					
21	Family and Youth Liaison	Renee Cookson	+	VACANT	+
22	Caregiver of child/youth served by the Public Health System	VACANT		VACANT	
23	Youth served by the Public Health System (up to age 26)	Micaela Cunningham	O	Oniric Cirino (Alice Kellogg)	O
24	Youth served by the public health system (up to age 26)	Travis Webster	O	Christine Frey	+
SUB-COMMITTEES (Non-voting members unless a member of the Council)					
-	Outcomes Committee	Angela Chen	+		
-	Executive Committee	Violeta Mora/ Dori Gilbert	+		
-	Early Childhood Committee	Aisha Pope/ Autumn Weidman	+/+		
-	Education Committee	Heather Nemour	+		
-	CYF CADRE	Julie McPherson/ Marisa Varond	+/+		
-	Family and Youth as Partners	Renee Cookson/ Valerie Hebert	+		

CYF Council Staff: Edith Mohler, Grisel Ortega and Darwin Espejo

I. Welcome Remarks (Alfredo Aguirre)

- BHS Summary of Fiscal Year 2017-18 Accomplishments
 - ✓ Updated the Behavioral Health Services Ten Year Roadmap
 - ✓ Expanded the capacity of Crisis Stabilization Unit/ Emergency Screening Unit (ESU) from four to twelve beds and relocated it to a central location.
 - ✓ Collaborated with CWS to ensure foster children receive a broad range of behavioral health services.
 - ✓ The County of San Diego joined the state's Drug Medi-Cal Organized Delivery System (DMC-ODS) for treatment of Substance Use Disorders (SUD). The implementation of DMC-ODS is allowing for many updates and enhancements in the SUD programs within the CYF System of Care.
 - ✓ Acknowledged the impact of federal immigration policies on immigrant children and their families. Supported communities through outreach and sharing information of all available resources.
- Fiscal Year 2018-19
 - ✓ The CYF Council will continue to address the impact of federal immigration policies in the CYF CYF System of Care community.
 - ✓ In compliance with AB 1299, The County of San Diego is prepared to continue providing specialty mental health services to foster children as they arrive from another county. More information can be found at:
https://leginfo.ca.gov/faces/billNavClient.xhtml?bill_id=201520160AB1299
 - ✓ BHS, San Diego County of Education (SDCOE) and Probation will work together to ensure that schools are safe. The goal is to better assess youth's at risk.

II. Systems Navigation Panel System Summary (Yael Koenig)

- Guiding Questions:
 1. Who are the primary (target) audience the system serves?
 2. What are the primary services offered?
 - a) Qualification criteria
 - b) Disqualification criteria
 3. How are the Services accessed?

- **Medi-Cal Managed Care Plan-Healthy San Diego (George Scolari)**
 Healthy San Diego is a collaborative that started in 1998 between HHSA and health care providers. The care plan is designed to serve county residents that have full scope Medi-Cal.
 - ✓ Over one million San Diego county residents receive Medi-Cal and 95% are enrolled in a Medi-Cal Managed Health Care plan. The Healthy San Diego Health Plan Members are:

Aetna Better Health	Care 1st Health Plan	Community Health Group	Health Net
Kaiser Permanente	Molina Healthcare		United Healthcare
 - ✓ The Medi-Cal Health Care plans cover physical health care but also behavioral health care services, specifically for people suffering from serious mental illnesses. It also covers behavioral health services for members who do not qualify for Specialty Mental Health covered by the County.
 - ✓ It does not cover contractually carved out independent services such as Denti-Cal
- **CWS (Norma Rincon)**
 Regionalized County agency with the goal of responding to, reducing and preventing child abuse or neglect.
 - ✓ Allegations of child abuse/neglect are received through the Child Abuse Hotline (858) 560-2191 and or 1-800-344-6000. All inquiries are investigated by a social worker unique to each region of the county.
 - ✓ In Fiscal Year 2017-18, the Child Abuse Hotline received 42,485 reports which included 79,521 children
 - ✓ It is CWS's goal to stabilize each family so that a child(ren) may safely remain at home and receive Voluntary Services (for the child/children and family). If not possible, the Court will order the child(ren) to be removed from their home and placed in protective custody.
 - ✓ All children that enter the CWS system receive Medi-Cal and receive a mental health assessment
 - ✓ Over 40% of children that are removed from their home, are eventually placed with a close relative.
 - ✓ The Reunification services process can last up to eighteen months. Services are individualized to meet the specific needs of the child/children and family.
 - ✓ More information at:
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/cs/child_welfare_services.html
- **CWS Questions and Answers Highlights:**
 - ✓ CWS as an agency cannot offer information regarding immigration matters as this is outside CWS scope of work.
- **SDRC (Peggy Webb) (PowerPoint handout)**
 The SDRC is a non-profit organization funded by the state Department of Developmental Services and was established through passage of the Lanterman Act of 1965 (W&I Code 54000) to serve persons with intellectual disabilities and their families.
 - ✓ The SDRC is the second largest Regional Center for Developmentally Disabled system in California with 21 centers. This system currently serves approximately 28,000 individuals in San Diego and Imperial counties.
 - ✓ The SDRC services are provided based on California state laws described in the Lanterman Act:
https://www.dds.ca.gov/Statutes/docs/LantermanAct_2018.pdf
 - ✓ A documented developmental disability must meet the following criteria:
 - A disability that begins before the age of 18
 - Continues or can be expected to continue indefinitely, and
 - Constitutes a substantial disability for that individual
 - Diagnosis included:
 - Intellectual Disability (Previously Mental Retardation)
 - Cerebral Palsy
 - Autism
 - Other conditions closely related to intellectual disability or that require similar treatment
 - Developmental disabilities shall not include handicapping conditions that are:
 - Solely psychiatric disorders
 - Solely learning disabilities
 - Solely physical in nature
 - ✓ The SDRC must complete evaluations to determine eligibility for services within 120 days following the initial intake

- ✓ Eligible applicants are assigned to a service coordinator. Those found not eligible receive information about Fair Hearing Rights and referral for services that can meet their specific needs.
- ✓ Applicants have a right to appeal and a fair hearing conducted after being notified of a decision. Ineligible persons are referred to alternate services that best meets their needs.
- ✓ SDRC services include, but are not limited to:
 - Services Coordination
 - Respite Services for families/caregivers
 - In-home Behavioral services
 - Supported (Independent) living expenses
 - Early Start (age 0-3 years) services
 - Monitoring Health and Safety
 - In-home WRAP services
 - Independent living skills instruction
 - Residential Facilities
- ✓ Collaboration across systems and effective service coordination is essential for the success of the SDRC services recipients.
- ✓ Additional information on SDRC at: <https://www.sdrc.org>
- Questions and Answers Highlights:**
- ✓ The Early Start Program (0-3 years old) offers early intervention services for children that are or at-risk of being developmentally delayed/disabled. For example, children in utero already at risk of developmental delay fetal alcohol syndrome or other trauma.
- ✓ Usually a panel of contracted psychologists complete psychological evaluations. In special circumstances, SDRC may accept evaluations from sources other than the SDRC's contracted psychologists
- ✓ Center for Personal Growth (Adults) and Exodus Recovery/Project Connect are additional SDRC providers offering Dual-Diagnosis services to Justice-involved individuals.
- Public Safety Group / Probation (Dr. Geoff Twitchell)

Provides services to youth (and adults) that are under probation or in the Justice detention population.

 - ✓ The Juvenile justice population has decreased 50-60 percent within the last eight years.
 - ✓ Currently, approximately 1500 individuals are in the juvenile justice system and approximately 340 are in custody. These individuals have very complex needs and require significant services.
 - ✓ Approximately 60 percent of behavioral health services are accessed by justice-involved individuals through the justice system (both juvenile and adult).
 - ✓ In collaboration with BHS, CWS, the courts and other health care providers, Probation has been able to expand the services offered and practice robust interventions through effective care coordination.
 - ✓ Each case is approached with an understanding of the complex trauma that had directly impacted the child's development. As much as possible, services are individualized to meet the specific needs of the youth and his/her family.
 - ✓ Ongoing efforts to reduce recidivism have been implemented on adults using different treatment models. The same method is gradually being introduced to the juvenile justice system.
- BHS (Dr. Laura Vleugels) / OPTUM (Michelle Galvan) (Brochures handouts)
 - ✓ BHS is a specialty mental health health care provider for those in our community that have MediCal or have no insurance. Communities are able to access services either through a network of County-contracted health care providers or from FFS mental health clinicians that accept Medi-Cal
 - ✓ A broad spectrum of services include, but not limited to outpatient services (featured in 400 school-based programs), Wrap-around or Therapeutic Behavioral Services, crisis stabilization and inpatient psychiatric services.
 - ✓ Specialty programs include:
 - Our Safe Place –Drop in shelters and treatment services for Lesbian, Gayl, Bisexual, Transgender, Questioning youths
 - ICARE – offers similar services as Our Safe Place but geared towards Commercially Sexually Exploited Children (CSEC) population
 - Center for Child and Youth Psychiatry – features a medication only clinic, Telepsychiatry and other outpatient services normally unavailable to a certain population.
 - Specialized programs for children with new onset psychosis and 0-5 yr old population with complex developmental needs.
 - OPTUM manages the San Diego County Access and Crisis Line (ACL) and has done so for the past twenty years. The ACL is a toll-free hotline offering assessments, counseling and referral services twenty four hours a day/ seven days a week. OPTUM's services is funded by the County of San Diego.

- The hotline is staffed by trained and licensed mental health clinicians that screen clients for their immediate needs and make an appropriate referral based assessment.
- A database of County services/resources is maintained. It includes: community resources, suicide prevention, crisis intervention, mental health referrals and alcohol and drug support services.
- Counselor accept all clients regardless of insurance coverage (i.e. no insurance or have MediCal). OPTUM works closely with all MediCal health plans to ensure client coverage and services are linked.
- Referrals concerning children and youth often include services for their families and/or caregivers.
- OPTUM is partnered with the National Suicide Prevention Hotline. Calls to the national hotline originating from San Diego County is automatically transferred to ACL. The volume of calls have spiked due to the recent celebrity suicides.
- More information:
<https://www.optumsandiego.com/content/sandiego/en/access---crisis-line.html>
- **Questions and Answer Session-Vignette and Panel Discussion Summary:**
 "A 25-year-old woman and mono-lingual Spanish speaker with a 12 month old son and 4 year old daughter who is enrolled in a Head Start program. The daughter has been absent from class for several days in the past two weeks. The mother mentions to her daughter's preschool teacher that she is not getting much sleep after being fired from her job. At the encouragement of the teacher, the mother comes to a parenting class at the Head Start because they offered dinner and child care. She shares with other parents in the class she has had trouble engaging in her children's activities and other interests that she used to enjoy. The class instructor talked to her after class where the mother mentioned "no estoy en mis 5 sentidos" (feeling out of it) after the birth of her first child, but says she pulled out of it after several months. She separated from the father of her 12 month old several months ago and hasn't had much contact with the father of the 4 year old."
- ✓ **Medical Managed Health Plans**
 - The family in the vignette would contact their Medi-Cal health plan provider and a referral is made to the appropriate services (i.e. psychological evaluations). If the family has no insurance, a first step would be to contact the Access and Crisis Line at 1-888-724-7240 for a screening and referral
 - On August 23, 2018, BHS will be presenting the MHSA the Innovation 18-Peripartum Services a CYF Perinatal project in collaboration with the Public Health Nurses Home Visiting Programs. The proposed program intends to support parents who have perinatal mood and anxiety disorders and provide treatment services and linkages to appropriate resources and care.
- ✓ **CWS**
 A social worker will assess the situation and determine if services (i.e. post-partum depression treatment, psychological evaluation, voluntary services) are needed for the mother - aside from the children's immediate well-being. A thorough investigation of the family is conducted for any prior/ existing CWS case(s), history of domestic violence, sexual abuse etc. The children, mother and reporting party are interviewed individually. CWS will respond and take action depending on the severity of the situation. Taking both children into protective custody is only the last resort.
- ✓ **SDRC**
 Assess if the 12 month old child has a developmental disability that would qualify them into SDRC's Early start program. If eligible, the child's mother would be referred to a SDRC's Family Resource Center and receive outpatient services , walk-in evaluations, in-home behavioral services, wraparound services and parenting classes via Head Start.
- ✓ **Probation**
 Case vignette is not relevant to services being offered.
- ✓ **BHS/OPTUM:**
 The family could contact any HHSA Family Resource Center (FRC) or dial "211 San Diego" (for local resources and information hotline) for their most basic needs. The Head Start program would have already identified the 4 year old's needs. After the family contacts ACL, they could be referred to services such as the 0-5 program - to address a child's potential developmental needs.
 - Positive Parenting Program (PPP), Substance Use Disorder (SUD) general adult services, access to the FFS network and managed mental health care programs to the parent.
 - Residential services for the family.

III. Closing Remarks/Announcements (Yael Koenig)

- BHS Annual Forums projected for September 2018
- CYF Council will be “dark” in August 2018
- CYF Council Orientation is scheduled for August 13, 2018 (flier). RSVP with Grisel Ortega at:
Grisel.Ortega@sdcounty.ca.gov

Action Items	Action By	Action Due
<ul style="list-style-type: none"> • SchoolLink preview. 	<ul style="list-style-type: none"> • Yael Koenig 	<ul style="list-style-type: none"> • Scheduled for the September 10, 2018 CYF Council meeting.
<ul style="list-style-type: none"> • Project Cal-Well-Mental Health Update. 	<ul style="list-style-type: none"> • Heather Nemour 	<ul style="list-style-type: none"> • Scheduled for the September 10, 2018 CYF Council meeting.
<ul style="list-style-type: none"> • Sub-Committee Update: Early Childhood video: Supporting Caregivers pending from the May 14, 2018 CYF Council meeting. 	<ul style="list-style-type: none"> • Aisha Pope and Jennifer Kennedy 	<ul style="list-style-type: none"> • Re-scheduled for the September 10, 2018 CYF Council meeting
<ul style="list-style-type: none"> • Center for Child and Youth Psychiatry Presentation 	<ul style="list-style-type: none"> • New Alternatives staff 	<ul style="list-style-type: none"> • Fiscal Year 2018-19
<ul style="list-style-type: none"> • Recommended Fiscal Year 2018-19 CYF Council goal: School Threats/Violence Assessments 	<ul style="list-style-type: none"> • To Be Determined 	<ul style="list-style-type: none"> • Fiscal Year 2018-19.

Next CYF Council Meeting:, September 10, 2018, 9:00-10:30 A.M. @ Scottish Rite – Shell Room

Sub-Committees/Sectors/Workgroups Meetings Information:

Outcomes: Meets the 1st Tuesday of the month- 3255 Camino del Rio South, San Diego CA 92108 in La Vista Room- from 11:30 A.M. to 1:00 P.M.

Early Childhood: Meets the 2nd Monday of the month- 3160 Camino Del Rio South, San Diego, CA 92108- Suite 101 from 10:45 A.M to 12:15 P.M.

Education Advisory Ad Hoc: Meets As Needed.

TAY Council: Meets the 4th Wednesday of the month 3:00 to 4:30 P.M. – New meeting location TBD.

CYF CADRE: Meets quarterly the 2nd Thursday of the month at NAMI San Diego, 5095 Murphy Canyon Road, Suite 320, San Diego, CA 92123 from 1:30 to 3:00 P.M.

CCRT: Meets 1st Friday of the month at the Health Services Complex-6367 Alvarado Ct. Ste. 105, San Diego, CA 92120 from 10:00 to 11:30 A.M.

Family and Youth Sector: Meets quarterly – 1st qtr. – contact CYFLiaison@namisd.org for schedule.

Family and Youth as Partners: Meets the 3rd Thursday of the month at 3255 Camino del Rio South, San Diego CA 92108 in La Jolla Room from 2:00 to 3:30 P.M.

Private Sector: Ad Hoc/Meets As Needed.



Behavioral Health Education and Training Academy

Accessing BHETA Trainings

Who can take BHETA Trainings?

BHETA trainings are designed for and offered to contract and county staff of San Diego Behavioral Health Services (BHS). This means that you must currently work with a county-contracted BHS program. Your program is a county-contracted BHS program if it receives funding from the County of San Diego Health and Human Services Agency (HHSA) Behavioral Health Services (BHS) Program.

Who can take Children, Youth and Families System of Care Training Academy (CYF-SOC) Trainings?

CYF-SOC trainings are open to counselors, family and youth support partners, therapists, case managers, teachers, social workers, probation officers, and other individuals working with children, youth, and families.

How can I access BHETA and CYF-SOC Trainings?

You must have a BHETA account to access BHETA and CYF-SOC trainings. If you do not already have a BHETA account, you can request one at:

<http://bit.ly/requestbheta>

If you are interested in CYF-SOC trainings, be sure to write **CYF-SOC** in the **Notes** box on the Account Request Form.

Where can I find upcoming CYF-SOC Trainings?

Find upcoming CYF-SOC trainings on the CYF-SOC webpage at:

<https://theacademy.sdsu.edu/programs/bheta/cyfsoc/>

How can I register for trainings?

1. Once you have an account, login to the BHETA Learning Management System (LMS) using your BHETA account at:
<https://academy.sumtotal.host>
2. Click the **Training Search** button in the center of the home page
3. Search for the training by its name or course code
4. Click **Select**, then click **Register**
5. Check the box to the left of the course you would like to register for
6. Click **Next** in the bottom right
7. You are now registered for the training. Click **Done** to exit



Behavioral Health Education
and Training Academy



Children Youth and Families
System of Care
Training Academy

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council Goals

Council Vision: Wellness for children, youth and families throughout their lifespan.

Council Mission: Advance systems and services to ensure that children and youth are healthy, safe, lawful, successful in school and in their transition to adulthood, while living in nurturing homes with families.

Fiscal Year 2018-19 Goals	
<ul style="list-style-type: none"> • Promote Live Well San Diego Vision. • Infuse Customer Service commitment. • Advance the Drug Medi-Cal Organized Delivery System (DMC-ODS) implementation. • Inform necessary system adjustments to align with Continuum of Care Reform (CCR), including Short Term Residential Treatment Programs (STRTP) contracts as well as Therapeutic Foster Care (TFC) services with mental health contractors. • Support the successful implementation of the Pediatric Symptom Checklist (PSC-35) and the Child and Adolescent Needs and Strengths (CANS). • Increase education sector awareness of BHS programming through the HHSA School Collaborative and utilize partnership to identify system improvement opportunities 	<ul style="list-style-type: none"> ✓ Participate in the October 2018 Annual School Summit. • Identify new and system relevant trainings <ul style="list-style-type: none"> ✓ In collaboration with BHETA will update the current Pathways to Well-Being (PWB) E-Learning to include the latest information on the California Integrated Core Practice Model for Children, Youth, and Families (ICPM) which replaced the Core Practice Model (CPM) on May 2018. • Promote authentic utilization of Family and Youth Partners as service providers. • Implement housing opportunities through CYF. • Continue to address the immigration policies impact in the CYF System of Care community. • Collaborate with Probation and San Diego County Office of Education on Prevention and Early Intervention efforts to keep schools safe. The goal is to develop a better assessment and treatment of at-risk youth. • Deliver the 5th Annual Children's Mental Health Well-Being Celebration – May 2019. • Establish peripartum depression and anxiety services in partnership with Public Helath. • Participate in Proformance Improvment Project (PIP) to increase family engagement in treatment.
Highlights of Fiscal Year 2017-18 Accomplishments	
<ul style="list-style-type: none"> • Promoted Live Well San Diego Vision. • Infused Customer Service commitment. • Contributed to the 1115 Drug Medi-Cal Waiver – Organized Service Delivery System implementation. • Implemented necessary system adjustments to align with Continuum of Care Reform (CCR) 	<ul style="list-style-type: none"> ✓ The first Short Term Residential Treatment Programs (STRTP) was accredited in San Diego County on April 2018.

**County of San Diego
Children, Youth and Families Behavioral Health System of Care Council Goals**

- In collaboration with Child Welfare Services (CWS), and Probation, developed and procured Child and Family Team (CFT) Facilitation services.
- Expanded Crisis Stabilization services from 4 to 12 beds (January 2018) in a new centralized location.
- Completed the procurement of the Center for Child and Youth Psychiatry (CCYP) to provide medication services through office based clinics and telepsychiatry. The CCYP will also benefit children with co-occurring complex physical health conditions.
- Implemented Department of Health Care Services (DHCS) identified outcome tools; Pediatric Symptom Checklist (PSC-35) and the Child and Adolescent Needs and Strengths (CANS).
- CYF representative joined the Youth Homelessness Subcommittee of the Regional Taskforce on the Homeless during the formulation of a Youth Homelessness Demonstration Project grant proposal. Grant was subsequently awarded to increase resources to mitigate issue of youth homelessness. CYF representative is now an ongoing participatory member of this group.
- CYF contributed to the development of "Tools for Schools", a Live Well partnership with the San Diego County Office of Education, Childhood Obesity Initiative, and First 5 San Diego
- Participated in the September 2017 Annual School Summit
- Identified new and system relevant trainings
 - ✓ Updated the Pathways to Well-Being (PWB) with focus on the Core Practice Model (CPM) training
 - ✓ Introduced "Compassion Fatigue" training
 - ✓ Working with Immigrant Communities: Meeting the Unique Needs of Newcomers in San Diego County
 - ✓ San Diego Drug Trends and Teens
 - ✓ Engaging the Refugee Community
 - ✓ Social Media and our Families
 - ✓ Annual CYF System of Care Academy conference focused on homelessness.
- In coordination with child and adolescent psychiatrists, Public Health, Child Welfare Services, First 5 San Diego, American Academy of Pediatrics, and CYF providers, CYF hosted the 8th "We Can't Wait" Annual Early Childhood Conference-September 2017.
- CYF in partnership with the San Diego Academy of Child and Adolescent Psychiatry (SDACAP), the San Diego Psychiatric Society, the California Association of Marriage and Family Therapists-San Diego Chapter (CAMFT), and the San Diego Psychological Association held the 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference: Hidden in Plain Sight: Adolescent Brain and Identity Development" on March 23-24, 2018.
- Promoted authentic utilization of Family and Youth Partners as service providers.
- Supported Homework Performance Improvement Project (PIP).
- Delivered the 4th Annual Children's Mental Health Well-Being Celebration on May 2, 2018.
- Refined the CSOC Council Vision, Mission and Principles.

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Executive Sub-Committee

Purpose

- The Executive Committee is a “standing” sub-committee of the CYF Council. The CYF Deputy Director and administrative staff support the Council by leading the Executive Sub-Committee which is comprised of the sub-committee chairs and co-chairs of the CYF Council. This subcommittee is tasked to:
- Coordinate CYF Council activities.
- Inform on current issues relevant to the CYF System of Care (SOC).
- Ensure follow through on CYF Council action items.

Fiscal Year 2017-18 Accomplishments

- Completed updates of the CYF Council Mission, Vision and Principles
- Hot Topics:
 - ✓ CYF Families Facing Immigration Challenges Part 3 (July 10, 2017)
 - ✓ Ten Year Roadmap/CYF Council Principles (November, 2017)
 - ✓ CYF Council Principles Updates (January 8, 2018)
 - ✓ Drug Medi-Cal (DMC) Organized Delivery System (ODS) (March 12, 2018)
 - ✓ Educationally Related Mental Health Services (ERMHS) (May 14, 2018)
 - ✓ Accessing & Leveraging Families Rights to Education (AlfrEDU) (June 11, 2018)
 - ✓ Educationally Related Mental Health Services (ERMHS) (June 11, 2018).
- Continued with focus attentiveness to sub-committees and Four Sector representation.
- Supported leveraging Ad Hoc Sub-committees for CYF Council Principles.
- Delivered annual CYF Council Orientation (August 14, 2017). Enhanced the orientation with a video.
- Continued with the review of Action items and closure when appropriate at the meetings. This procedure was incorporated in Fiscal Year 2016-17.
- Maintained the improved meeting environment at the Scottish Rite Center.
- In collaboration with the Transition Age Youth (TAY) and Adult and Older Adult Councils, held combined meetings on:
 - ✓ October 9, 2017- Focused on Homelessness Impact Across the Lifespan
 - ✓ April 10, 2018-Focused on Substance Use Disorders Resources and Needs Across the Lifespan.

Goals for Fiscal Year 2018-19

- Develop a stronger CYF Council Annual Orientation with improved video (Completed August 2018).
- Create a master Welcome Packet to the Council and make them available to any new meeting attendees at each Council meetings (completed September 2018).
- Develop an acronyms page for CYF Council meeting attendees; based on orientation feedback (completed September 2018).
- Inform goals and focus areas which may include:
 - ✓ SchoolLink (September 2018)
 - ✓ Center for Child and Youth Psychiatry Presentation (Tentative for November 2018)
 - ✓ Brain XP: Living with Mental Illness A Young Teenager's Perspective Presentation
 - ✓ School Threats/Violence Assessments
 - ✓ Family Detention/Separation
 - ✓ Housing opportunities via CYF.
- Advance integration across the systems.
- Engage the community and youth in Council meetings/conversations/activities.
- Support Ad Hoc subcommittees as a tool to move forward the voice of the Council.
- Remain attentive to subcommittees; improve infrastructure to provide more clarity of what it is expected of them and highlight their voice.
 - ✓ Dedicate two meetings a year to focus on CYF Council Sub-Committees reports.
- Create a CYF Council web page or location that contains key Council documents.
- Explore alternate meeting formats when necessary. For example: Virtual meetings.
- TAY Council representative to lead efforts to engage youth in Council meetings, conversations, and activities.
- Keep Council activities focused in alignment with the Ten Year Roadmap and CYF Council Mission, Vision and Principles.

County of San Diego
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September 10, 2018

Cultural Competency Resource Team (CCRT)	
Purpose	
The CCRT addresses the County's dynamic demographics and serves as an advisory group to the Behavioral Health Services (BHS) Director to enable the systems of care to work effectively in cross-cultural integration in services.	
Fiscal Year 2017-18 Accomplishments	
<ul style="list-style-type: none"> • Meeting agenda included updates on the Hepatitis Outbreak. • Meeting agendas included Drug Medi-Cal (DMC) Organized Delivery System (ODS) implementation updates. • CCRT Chair participated in the Binational Health Week in October 2017. • The Cultural and Linguistic Competence Policy Assessment (CLCPA) was implemented in October 2017 and will be administered annually. This assessment is completed by BHS Program Managers. • Selected programs recruited participants for the 2018 External Quality Review (EQR) focus groups. • The Promoting Cultural Diversity Self-Assessment (PCDSA) was implemented in February 2018 and will be administered every two years. This assessment is completed by all staff. • The Cultural Competence handbook was updated on November 2017: https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%204/CulturalCompetenceHandbook_Final_11-20-17.pdf • Provided input to the CYF Council regarding the "Culturally Competent" principle. • Continued collaboration with The Knowledge Center (TKC) on Cultural Competence training and providing recommendations on cultural competence trainings for County staff. • Reviewed and analyzed wait times for diverse populations as demonstrated in the Access Time Report. • Addressed housing and homeless needs. • Supported United Women of East Africa by providing BHS resource information at their events. • Discussed the challenges of working with Interpreters. • Members of the CCRT participated in the Niles Sisters Development Initiative "Learn Over Lunch" focused on the curriculum based training Matters Involving Neuro-Disorders (MIND) Institute held on May 29, 2018. 	
Goals for Fiscal Year 2018-19	
<ul style="list-style-type: none"> • Advance integration across the BHS Systems of Care systems. • Further engage the community/providers/BHS staff in CCRT. • Continue to use the Education and Learning Workgroup as medium to move forward the priorities of the System of Care and CCRT. • Increase engagement in Education and Learning Workgroup meetings; to enhance current Cultural Competence integration consistent with the Culturally and Linguistically Appropriate Services (CLAS) standards. • Provide direction and guidance in the provision of the Cultural Competence Academy. • Participate in the 2019 External Quality Improvement Review (EQR) by attending the Cultural Competence related sessions and responding to questions related to the CCRT. • Provide CLCPA Technical Support upon request. • Support the California Institute for Behavioral Health Solutions (CIBHS) 2018 Cultural Competence Summit: https://www.cibhs.org/conference/cultural-competence-summit. 	

- Support the Binational Health Week scheduled for October 2018:
<http://www.binationalhealthweek.org/uploads/BHW%202018/Description/Critical%20Route%202018.pdf>
<http://www.binationalhealthweek.org/uploads/BHW%202018/Description/BHW%202018%20Overview.pdf>
- Work with the Southern California Regional Partnership to receive additional cultural competence training/support.
- Explore a Cultural Competence Quarterly Newsletter.
- Assess the CCRT membership.
- Review and update the BHS Cultural Competence Resource Team policy.
- Update the CCRT binder (Proposed at the August 3, 2018 CCRT meeting).
- Initiate a CCRT Orientation similar to the CYF Council (Proposed at the August 3, 2018 CCRT meeting).

County of San Diego
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Submitted by: Shannon Jackson

CYF Change Agents Developing Recovery Excellence (CADRE)	
Purpose	
<p>The Mission of the CADRE CYF subcommittee is to strengthen the Comprehensive, Continuous, Integrated System of Care (CCISC) initiative in its vision to deliver wide-ranging services for children, adolescents, and families. We serve as a forum for service providers to enhance treatment for children and adolescents experiencing or impacted by co-occurring disorders in order to promote health and resiliency within our youth. The subcommittee aims to:</p> <ul style="list-style-type: none">• Develop integrated co-occurring training and technical assistance in accordance with the CCISC and Co-occurring Center for Excellence standards• Support the implementation of evidence-based practices to support effective interventions for youth impacted by co-occurring disorders• Provide a vital link between systems, consumers, and families• Increase access to needed behavioral health services• Promote collaboration and develop meaningful relationships between providers to ensure that youth and their families receive the right services at the right time in the right setting.	
Fiscal Year 2017-18 Accomplishments	
<ul style="list-style-type: none">• Increased participation of SUD providers• Reviewed and discussed co-occurring capability assessments for both mental health and substance use disorder (SUD) programs• Provided technical assistance to programs on substance abuse screening and assessment tools, including PESQ, CRAFFT, YAI, etc.• Hosted presentations from various programs regarding mental health and substance use disorder services in various settings, including McAlister Institute Teen Recovery Centers and Adolescent Group Homes, San Ysidro Health Center Youth Enhancement Services (YES), Community Research Foundation Douglas Young Youth and Family Services, UPAC New LEAF Recovery• Shared policies and procedures, including eligibility criteria, to help facilitate smoother referrals between providers and to promote best practices• Identified and presented on various self-help resources for youth, including Southern California Young People in Alcoholics Anonymous (SOCALYPAA) and Pathways' Urban Beats program• Hosted "resource potlucks" for providers to share program pamphlets and other CYF resources	
Goals for Fiscal Year 2018-19	
<ul style="list-style-type: none">• Support implementation of the Drug Medi-Cal Organized Delivery System (DMC-ODS) at the provider level to maximize new services like case management and to ensure seamless transitions in care• Enhance care coordination between SUD and Mental Health programs:<ul style="list-style-type: none">○ Ensure collaboration is part of discharge planning○ Continue to build relationships and connections between providers<ul style="list-style-type: none">▪ Schedule tours of each other's program▪ Develop a contact card for program-to-program communication• Provide ongoing in-service presentations to leverage and learn more about resources for youth and their families	

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
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Submitted by: Autumn Weidman/Aisha Pope

Early Childhood Sub-Committee

Purpose

The Early Childhood Mental Health Subcommittee supports the CYFBH continuum of care by ensuring early childhood mental health is integrated, key issues are addressed, and topics are addressed to support age relevant system improvements. ECMH Subcommittee ensures that the BHS CYFSOC considers the unique needs of the 0-5 population and their caregivers when making decisions on programming, policy, and training.

FY 17-18 Accomplishments

- Expanded ECMH subcommittee membership to include regular participation by BHETA/SOC and Early Care and Early Childhood Education partners.
- Provided recommendations and feedback for Fall 2017 and Fall 2018 We Can't Wait Conferences related to overall conference themes, break-out session topics, and subject matter experts.
- Provided recommended training topics to BHETA related to ECMH.
- Reviewed Diversity Informed Infant Mental Health tenets published by Irving Harris Foundation and discussed how current practices align with tenets. ECMH subcommittee will revisit topic at a future date vis a vis the work of BHS Cultural Competency efforts.
- Discussed implications of immigration issues and emerging policy changes and practices on the mental health of the early childhood population and their caregivers in San Diego.
- Subcommittee membership participated in several learning opportunities to strengthen the regional system and provide recommendations to BHS SOC on potential future opportunities for the region, where appropriate:
 - Zero to Three National Conference held in San Diego in December;
 - Training on DC:0-5™ Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood
 - The Ripple Effect: Enhancing Trauma Informed Practice one day workshop in December.
- Subcommittee small groups discussed three goal areas of FY 17-18:
 - Identify and share best practices for 0-5 population related to assessment, intervention, and service delivery models
 - Improve how we engage and support complex families including promoting best practices in care coordination/case management
 - Make recommendations on best practices and trauma informed methods to support healthy transitions for 0-5 youth in foster care

Goals for Fiscal Year 2018-19

1) PROMOTE AND EDUCATE

Provide information to improved systemwide understanding of early childhood mental health and integrate throughout the system of care.

OBJECTIVES:

- a) develop key talking points to advance priority messaging
- b) ensure ECMH voice is represented during SOC discussions, hot topics, ad hoc committees
Etc.
- c) provide brief informational videos, handouts, etc. to the CSOC council to promote relevant ECMH information
- d) Provide suggestions for training topics to BHETA and the We Can't Wait Conference regarding ECMH issues and hot topics

2) ADVOCATE

Prioritize service/program areas for a united voice to have a "ready to go position" for funding opportunities.

OBJECTIVES:

- a) ensure system priorities include ECMH
- b) prioritize ECMH areas for MHSA funding opportunities
- c) provide funding and programming suggestions at annual BHS Community Forums
- d) consider advancement of current practices/programs vs new practices/programs

3) PROMOTE SYSTEM CHANGE

Improve and promote system efforts by increased understanding of services currently available

OBJECTIVES:

- a) Identify ECMH (and related) programs/services funded by MHSA
- b) Identify ECMH (and related) programs/services funded by System Partners
- c) Improve collaboration with other system, initiatives, and current efforts/initiatives to identify common efforts, influence the work and present with a united voice when advocating for ECMH system change.

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Submitted by: Heather Nemour

Education Sub-Committee	
Purpose	
The purpose of the Education Sub-Committee is to build and/or enhance relationships between mental health providers and education resulting in resource development, needs identification, relationship building, and partnerships with stakeholders in efforts that promote youth mental health, positive school climates, and trauma informed delivery of school-based services/activities.	
FY 17-18 Accomplishments	
<ul style="list-style-type: none">• SDCOE, in partnership with Directing Change, provided training and technical assistance to 21 of the 42 school districts to ensure they meet the requirements of AB2246 (Legislation passed in 2016-17 that states every school district needs to have a comprehensive suicide prevention policy in place for the 2017-18 school year that includes prevention, intervention and postvention).• SDCOE trained and certified 738 educators/partners/parents in Youth Mental Health First Aid.• In collaboration with Community Health Improvement Partners (CHIP), SDCOE provided 17 trainings in ASIST: (Applied Suicide Intervention Skills Training), QPR: ("Question, Persuade, and Refer") Gatekeeper Training and GLSN (Gay, Lesbian, and Straight Network) and trained 368 educators.• SDCOE partnered with the County of San Diego Health and Human Services Agency, LIVE WELL San Diego on SDCOE's Annual Summit on Student Engagement and Attendance with over 160 attendees.• Education Sub-Committee met and coordinated presentations on ERMHS and SchoolLink to the CYF.• Cara Schukoske presented to CYFBHSOCC on Special Education and how it relates to ERMHS process.• Mara Madrigal-Weiss provided a GOALS MOU update to the CYFBHSOCC.• Created a suicide prevention resource guide for schools through the Suicide Prevention Council's Education Sub-Committee (SDCOE are members of the sub-committee).	
Goals for Fiscal Year 2018-19	
<ul style="list-style-type: none">• A CYFBHSOCC presentation on SchoolLink will be conducted by SDUSD in September 2018• A CYFBHSOCC presentation on Project Cal-Well will be conducted in September 2018.• SDCOE will be hosting a one-day workshop on "Assessing Suicidal Students" by Dr. Lisa Boesky in September 2018 for educators that are the assigned suicide intervention staff at the school site. This meets the requirements of AB2246.• SDCOE and HHSA, LIVE WELL San Diego will be co-hosting SDCOE's Annual Summit on Student Engagement and Attendance in October 2018.• SDCOE will continue to conduct trainings for the 42 school districts on mental health & well-being, suicide prevention, intervention and postvention.• SDCOE will disseminate the suicide prevention resource guide to the 42 school districts.• Education Sub-Committee will continue to meet at as needed.	

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Submitted by: Renee Cookson

Family and Youth as Partners Sub-Committee	
Purpose	
<p>The ultimate goal of Family and Youth as Partners (FYP) Subcommittee is to bring the Children, Youth and Family Behavioral Health System of Care Council (CYFBHSOCC) information and feedback from the FAMILY SECTOR and the FAMILY/YOUTH PARTNER Community.</p> <p>The purpose of the FYP Subcommittee is:</p> <ul style="list-style-type: none">• To strengthen a system-wide shared identity of Family/Youth Partners.• To share resources and information on opportunities to strengthen and grow Family/Youth Partners.• To strengthen the Four Sectors [Family, Public, Private, and Education] understanding and recognition of Family/Youth Partners.	
FY 17-18 Accomplishments	
<ul style="list-style-type: none">• Monitored monthly outcomes of Senate Bill 906-State Certification for Peer Providers-SB906 passed in June 2018-Successfully relayed information to FYPs for their participation and knowledge.• Discussed various hot topics/resources relevant for the FYP and utilized this information to bring speakers and presentations to FYP Coaching meeting, i.e. ACEs (Adverse Childhood Experiences).• CYFCSOC Council representation- representing Family Voice and Lived Experience• May Children's Mental Health Awareness event was successful. Shared successful ways to engage youth prior to the event. Mental Health & Trauma are Not Always Black and White art piece is ready for display• FYP partner representation in schools, community and programs, through presentations/trainings incorporating Lived Experience within the curriculum• Peer Outreach success-NAMI SD held free 20-hour Peer/Family Support Specialist trainings because of this FYP job openings are being filled more successfully• Sharing of FYP job openings in the CYFL Newsletter, website and Career Pathways direct emails• CMHACY Scholarship shared with TAY Youth and FYP• Representation at "We Can't Wait" conference by Shane Drosi• Representation on TAY Council by Shane Drosi• Representation at the SOAP meeting for SUD by Valerie Hebert	
Goals for Fiscal Year 2018-19	
<ul style="list-style-type: none">• Continued outreach for sector representation (i.e. education)• Continued discussions on Hot Topics to bring education, resources and awareness to FYPs• Continued observation of Senate Bill 906 to ensure lived experience and curriculum is relevant to peer support partner• FYP retreat/conference/symposium proposed• Continued outreach for TAY community• May Children's Mental Health Awareness event	

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Submitted by: Michelle Ly

Outcomes Sub-Committee
Purpose
Outcomes Sub-Committee reviews service delivery systems and aims to improve County of San Diego System of Care services by measuring and evaluating outcomes and use results to provide recommendations to the CYFBHSOC Council.
The Outcomes Subcommittee meets on the first Tuesday of every month at 11:30 to 12:30 pm at County BHS office located at 3255 Camino del Rio South San Diego, CA 92108.
FY 17-18 Accomplishments
FY17/18 Goals/Focus Areas <ul style="list-style-type: none">• Facilitated discussion for the implementation of the Child and Adolescent Needs and Strengths (CANS) and Pediatric Symptom Checklist (PSC) outcome tools for our system of care, such as the timeline for implementation, frequency of administration of the tools, trainings for the Children's System of Care, development of new database, and standards for new outcomes.• Discussed reviewing co-occurring rates. Co-occurring Substance Use and Abuse Among Youth in San Diego County Report was provided 1/19/13. 3 categories of Substance Use/Abuse were identified: 1) Experimenting 2) At Risk and 3) Dual Diagnosis. 2 Questions were added to BHA. To identify Experimenting: "Have you ever experimented (only 1-3 times) with any substances?" To identify At Risk: "Client has a parent or caregiver with a substance abuse problem?" Committee considering review of the completion rate and number endorsed for each of the new questions, CFARS, CRAFFT, and Diagnosis data.• Aligning the Wraparound Principles with the SOC principles. Review the language for the Persistence Principle as a suggested 10th System of Care Principle.• Provide recommendations on methods of assessing the level of SOC Principles applied in programs such as program self-assessment check list, Success Stories/Good News Highlights, incorporate with Site Visit, etc.• Generated Future Performance Improvement Project (PIP) ideas for spring of 2018.• Recommend adding the CRAFFT completion rate and data to the Annual Report.
Goals for Fiscal Year 2018-19
<ul style="list-style-type: none">• Outcomes Committee will be dark in Q1 and resume in October 2018 to plan the goals for FY1819• Overlap in membership with the CANS Super Users

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Submitted by: Steve Jella'

Private Sector Sub-Committee	
Purpose	
<ul style="list-style-type: none">• THE GOAL- is to work in tandem with County Behavioral Health on key initiatives to improve client care. Currently, working on improving the integration of mental health, alcohol and drug, and primary care health providers for effective, client-centered, and efficient care for children, youth, and families in our System of Care. Presently, in the process of better understanding the systems and structures currently in place, identifying strengths and barriers, and establishing priorities and action items for this fiscal year.• COLLABORATION: The committee is joined by the Council for Community Clinics and County Behavioral Health staff. Consistent with the System of Care principles, the committee has expanding meetings to include representation from the four sectors, (families and youth, education, private organizations, and public agencies). <p>Next Steps: To identify areas where Integrative care is occurring in an efficient and effective way and build upon those practices in other areas of the system. This may include deeper dives into topics like Warm Handoff's, recruitment and retention, information sharing, and medical facility outpatient practices and partnerships.</p>	
FY 17-18 Accomplishments	
<ul style="list-style-type: none">• This group has been on hiatus as an ad hoc group in the 17-18 year.	
Goals for Fiscal Year 2018-19	
<ul style="list-style-type: none">• The group plans on being available for ad hoc focused work as directed by the council for 18-19.	

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Submitted by: Rose Woods

Training Sub-Committee	
Purpose	
To enhance the work of public systems in providing services to children, youth and families in San Diego County by aligning training priorities, advancing system reform and initiatives and promoting knowledge and skill development necessary for fidelity of core principles and practices.	
FY 17-18 Accomplishments	
Training Series: <ul style="list-style-type: none"> • Solution Focused Brief Therapy (SFBT) for Children and Youth • Dialectical Behavioral Therapy (DBT) • Cognitive Behavioral Therapy (CBT) • CADRE XVIII • TAY Training Series • Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Series (3) 	Training Topic— INDIVIDUAL: <ul style="list-style-type: none"> • Motivational Interviewing (3) • Therapeutic Homework • Complex Parent Child Interaction • Relapse Prevention • Compassion Fatigue • TAY Culture of Lived Experience • Relapse Prevention
One Hour eLearning: <ul style="list-style-type: none"> • Understanding and Diagnosing Complex Behavioral Health Conditions eLearning • East African Communities eLearning 	One Hour Webinar: <ul style="list-style-type: none"> • Medication Assisted Treatment Webinar • Prospective Risk Analysis Webinar • Confidentiality Webinar
Children, Youth and Families System of Care (CYFSOC) Training Academy: <ul style="list-style-type: none"> • Family Compassion and the LGBTQIA Community • Working with Immigrant Communities • Engagement the Refugee Community • Social Media and Our Families • San Diego Drug Trends and Teens • CONFERENCE: Unpacking Hope: Understanding the Unique Needs of Children, Youth and Families Experiencing Homelessness 	Pathways to Well-Being: <ul style="list-style-type: none"> • Pathways to Well-Being: Core Practice Model (CPM) and Continuum of Care (CCR) Overview (8) TERM Trainings: <ul style="list-style-type: none"> • Treatment, Evaluation & Resource Management (TERM) Provider Training: The Role of the Therapist in Juvenile Depend • Treatment, Evaluation & Resource Management (TERM) Provider Training: Conducting Psychological Evaluations With Juveniles in Probation and Child Welfare Services

Training recommendations can also be provided through the Children's System of Care Training Academy. The academy meets the first Wednesday of the month at 6505 Alvarado Road, Suite 107, San Diego, CA 92120. More information can be found at: <http://theacademy.sdsu.edu>

Goals for Fiscal Year 2018-19

Training Series: <ul style="list-style-type: none"> • Solution Focused Brief Therapy (SFBT) for Children and Youth (2) • Dialectical Behavioral Therapy (DBT) • Cognitive Behavioral Therapy (CBT) for Justice Involved Services • CADRE XVIII • TAY Training Series • Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Series (4) 	Training Topic— INDIVIDUAL: <ul style="list-style-type: none"> • Motivational Interviewing (5) • Motivational Interviewing (Justice Involved) (2) • Perinatal Mood and Anxiety Disorders • Engaging Teens in SUD Treatment • Motivational Enhancement for Engagement in Therapy (MEET) (2) • Parent And Child Participation Toolkit (PACT) (2) • Relapse Prevention (3) • Compassion Fatigue • Enhanced Case Management • MORS • LOCUS
One Hour eLearning: <ul style="list-style-type: none"> • Revising Cultural Competency eLearning • Katie A./Pathways to Well-Being eLearning Revision • Strength Based Case Management 	One Hour Webinar: <ul style="list-style-type: none"> • Prospective Risk Analysis (PRA) • Assessing for High Risk • Safety Planning
CANS: <ul style="list-style-type: none"> • CANS 1 Day Training (2) • CANS Monthly Case Conference Webinars 	Pathways to Well-Being: <ul style="list-style-type: none"> • Pathways to Well-Being: Core Practice Model (CPM) and Continuum of Care (CCR) Overview (4)
Children, Youth and Families System of Care (CYFSOC) Training Academy: <ul style="list-style-type: none"> • Family Compassion and the LGBTQIA Community • Educating Students Experiencing Homelessness • Sexual Health Conversations with Youth and Families • Intersectionality of Identities • Serving Kids Whose Parents Are Incarcerated/Justice Involved Families 	Children, Youth and Families System of Care (CYFSOC) Training Academy: <ul style="list-style-type: none"> • Conference: School Safety TERM Trainings: <ul style="list-style-type: none"> • Treatment, Evaluation & Resource Management (TERM) Provider Training: Webinar (Topic TBD) • Treatment, Evaluation & Resource Management (TERM) Provider Training: The Role of the Therapist in Juvenile Depend

Training recommendations can also be provided through the Children's System of Care Training Academy. The academy meets the first Wednesday of the month at 6505 Alvarado Road, Suite 107, San Diego, CA 92120. More information can be found at: <http://theacademy.sdsu.edu>

County of San Diego
Children, Youth and Families Behavioral Health System of Care Council
September 10, 2018

Transition Age Youth (TAY) Council
Purpose
The purpose of the Transitional Age Youth Behavioral Health Services Council (also known as TAYBHSC) is to facilitate the design and implementation of TAY (ages 16-25) services in the Children, Youth and Families (CYF) and the Adult and Older Adult (AOA) systems of care by providing feedback and recommendations to the Behavioral Health Director.
FY 17-18 Accomplishments
<ul style="list-style-type: none">• The Transitional Age Workgroup was approved to become The Transitional Age Youth Behavioral Health Services Council (TAYBHSC). The TAYBHSC Bylaws were approved on September 27th, 2017.• The Substance Use Disorders (SUD) for TAY Subcommittee Recommendation to Address TAY Experiencing SUD completed its Recommendation Report in March 2018.• The TAY SUD Recommendation Report was presented at the Combined Council meeting on April 9th, 2018.
Goals for Fiscal Year 2018-19
<ul style="list-style-type: none">• Completion of TAY Employment Subcommittee recommendation report to the Council.• Three priority focus areas for 2018-2019 tentatively identified as:<ul style="list-style-type: none">○ TAY Transitioning - Bridging the gap for youth between CYF and AOA systems of care.○ LGBTQI TAY (underserved populations).○ TAY experiencing homelessness.• Designation/Priorities/Timelines for possible subcommittees to be determined

Project Cal-Well is a five-year (2014-19) "Now Is The Time" Project Advancing Wellness and Resilience in Education (NITT-AWARE) grant funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Through the California Department of Education, Project Cal-Well is implementing programs statewide and in partnership with ABC Unified School District, Garden Grove Unified School District, and San Diego County Office of Education.



Project Cal-Well's mission is to increase awareness of and improve mental health and wellness of California's kindergarten through twelfth grade students, and provide training for school personnel to detect and respond to mental health issues. The San Diego County Office of Education (SDCOE) is focusing their Project Cal-Well efforts in two rural and one urban school district: Mountain Empire Unified (seven schools), Chula Vista Elementary School District (five schools), and Warner Unified (three schools). SDCOE also provides training, technical assistance and cross-sector collaboration work countywide. This brief provides highlights of SDCOE's Project Cal-Well efforts in the third year of implementation (2016-2017).

Project Goals

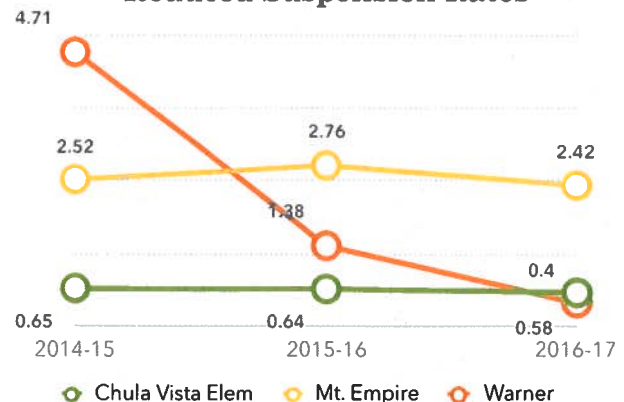


1. Creating Positive School Climates

In Year 3, SDCOE used the following strategies to improve school climate in the 15 Project Cal-Well schools:

- All 15 schools implemented **social-emotional learning curricula** to provide students with coping strategies and life skills.
- 10 schools implemented **Positive Behavioral Intervention and Supports (PBIS)** and most integrated restorative practices principles within their school-wide frameworks.
- 7 schools implemented **School-Wide Information Systems (SWIS)** to collect, summarize, and use student behavior data for decision making.
- One high school implemented a **National Association of Mental Illness (NAMI) on Campus club**, a peer-run mental health club.

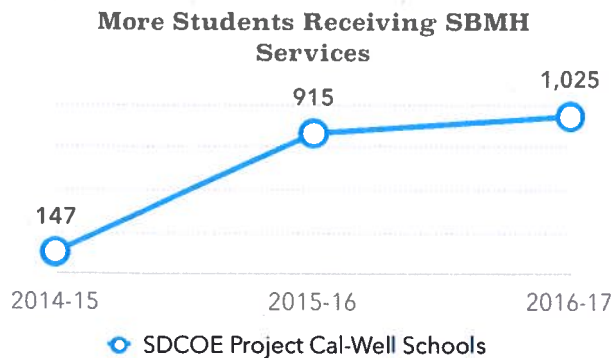
Reduced Suspension Rates



These school climate interventions are helping to prevent problems that lead to suspension rates, which have declined since Project Cal-Well started, as shown in the chart above.

2. Increasing Access to School-Based Mental Health Services

Since the beginning of the Project Cal-Well grant, 11 master's of social work (MSW) interns/staff have been placed in Project Cal-Well schools to provide school-based mental health (SBMH) services. The percentage of the school population that received services annually increased from 4% in 2013-14 to 21% in 2016-17. The chart below shows the increased number of students in Project Cal-Well schools receiving SBMH services.



School Spotlight: Palomar Elementary School

Palomar Elementary School is located in Chula Vista, less than 10 miles from the U.S./Mexican border. The school serves students in grades K-6, with 76% being socioeconomically disadvantaged and 40% English Language Learners.

As shown in the chart to the right, Palomar Elementary School 5th grade students reported increased protective factors, including a **44% increase in school connectedness**, after the implementation of Project Cal-Well.



Palomar 5th Grade School Climate	2014-15	2016-17	Change
School Connectedness	15%	59%	44%
High Expectations: Adults in School	60%	74%	14%
Academic Motivation	30%	44%	14%
Caring Adults in School	40%	53%	13%
Meaningful Participation	10%	18%	8%

District Spotlight: Mountain Empire

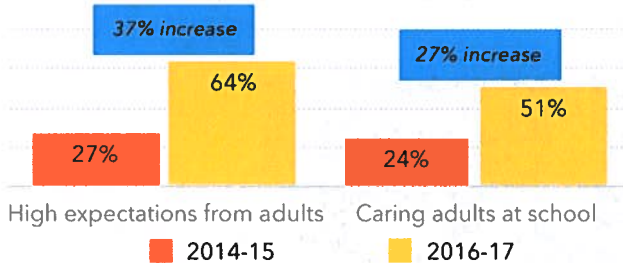
Mountain Empire Unified School District (MEUSD) serves approximately 1,600 students in preschool through grade 12, living in a 660 square-mile rural area of southeastern San Diego County. The majority of students are socioeconomically disadvantaged (69%) and 34% are English Language Learners.

As shown below, since Project Cal-Well began, the percentage of MEUSD 5th grade students reporting *high expectations from adults* increased by 37% and that there are *caring adults at school* increased by 27%.



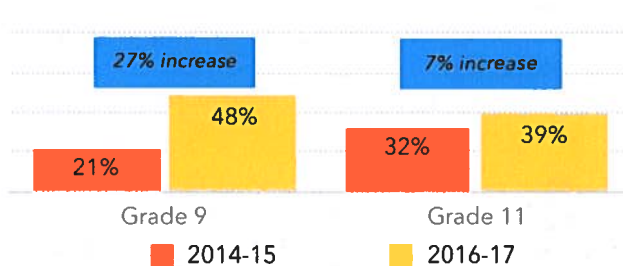
During the same period, the percentage of MEUSD 9th grade students reporting *suicide ideation* decreased by 9%, and *lifetime use of alcohol and other drugs* declined by 11% among 9th grade students and 18% among 11th grade students, as shown below.

Improved School Climate: 5th Grade Students



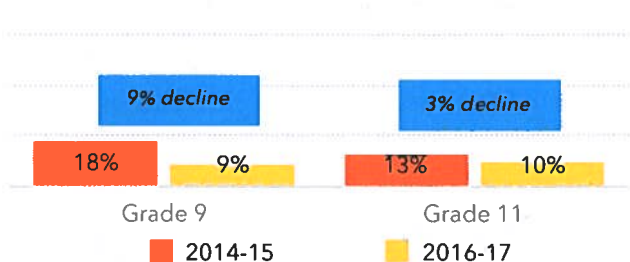
In addition, *school connectedness* (feeling safe, close to people, and a part of school, being happy at school, and teachers treating students fairly) increased by 27% for 9th grade students.

Improved School Climate: Secondary Students

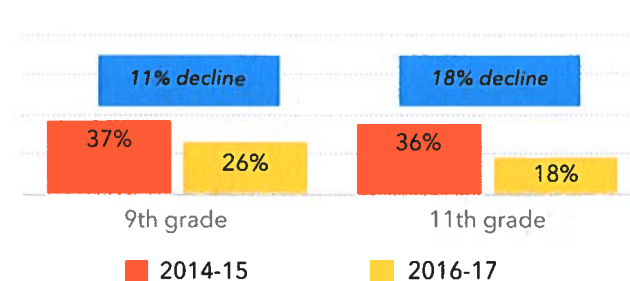


Reduced Suicide Ideation: Secondary Students

Data Source: CHKS



Reduced Current AOD Use: Secondary Students



Data Source: CHKS



3. Building Partnerships and Cross-System Collaborations

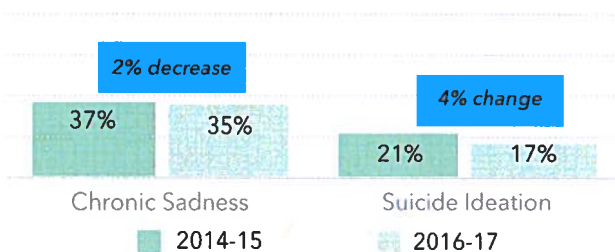
SDCOE supports 42 school districts and 124 charter schools. There were **46 trainings provided to over 2,000 district/school staff and their partners** on mental health and wellness, suicide prevention, trauma informed care, family strengthening, PBIS, social/emotional learning, asset development, commercial sexual exploitation of children, Gay, Lesbian & Straight Education Network (GLSEN), and restorative practices. In addition:

- 27 community-based organizations signed the *Global Oversight Analysis Linking Systems (GOALS) Memorandum of Understanding* to coordinate service delivery to students.
- 87 students received mental health services in the community as a result of a referral from a Project Cal-Well school (an increase from 66 in 2014-15).
- A non-Project Cal-Well SDCOE school became a demonstration site to replicate the Project Cal-Well model using no grant funding.

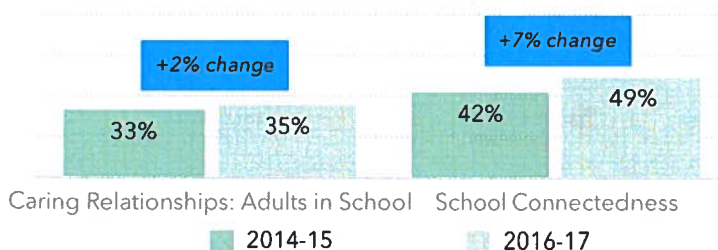
Impact on San Diego County

As shown below, county-wide *California Healthy Kids Survey* data revealed *reduced chronic sadness and suicide ideation*, as well as *increased protective factors*, since Project Cal-Well began.

Improved Behavioral Health Indicators: San Diego County 7th, 9th, 11th Grades



Improved Protective Factors: San Diego County 7th, 9th, 11th Grades



Data Source: CHKS

4. Youth Mental Health First Aid

Youth Mental Health First Aid (YMHFA) teaches adults who regularly interact with young people how to help adolescents who are experiencing mental health challenges in both crisis and non-crisis situations.

Participants are trained to engage in "ALGEE" with students:

- Assess for risk of suicide or self harm
- Listen non judgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help

Over the three years of the Project Cal-Well grant, SDCOE trained and certified **1,041 school/district staff and other partners in YMHFA**. These trained adults referred **1,044 students to mental health or related services**.



"Every teacher should be armed with YMHFA, and not guns."

Participants shared the following thoughts after YMHFA trainings:

- "I have someone who struggles with depression & suicide, this presentation is a great help."
- "It was an eye opener."
- "Helps better prepare us to address hard issues that are always changing."
- "Empowering, timely and extremely important."



FOR MORE INFORMATION, CONTACT:

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This brief was produced by the SDCOE and Project Cal-Well evaluators from the University of California, San Francisco (<http://healthpolicy.ucsf.edu/school-health-services-evaluation>). Funding was provided by the Substance Abuse and Mental Health Services Administration (SAMSHA) [Award #5H79SM061895]. The content is solely the responsibility of the authors and does not necessarily represent the official views of SAMSHA.

SchoolLink™
to BEHAVIORAL HEALTH SERVICES | access • communicate • connect

COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY

LIVE WELL
SAN DIEGO

CYFBHSOC Council
9-10-18

WELCOME

SchoolLink™
to BEHAVIORAL HEALTH SERVICES | access • communicate • connect

What is SchoolLink?

- A longstanding partnership between the County of San Diego and local school districts to provide behavioral health services at schools.
- The new SchoolLink training program provides an overview of SchoolLink and best practices for connecting students to care.
 - Developed through a partnership with County of San Diego, San Diego Unified School District, Community Research Foundation, and Price Philanthropies.
 - Informed by stakeholder input and best practices at local schools.





Figuring out the right place to refer students to behavioral health services can be a big challenge. Below are the outpatient behavioral health services for youth in the County of San Diego. There are 7 different ways to access care.

1. SchoolLink (County-Funded School-Based Behavioral Health Services)
2. County-funded community-based mental health providers
3. Medi-Cal Health Plans
4. Private Insurance
5. Federally Qualified Health Centers
6. Primary Care Providers
7. Special Education Related Services

If a student is experiencing a behavioral health crisis, call 911.



Requests to add, remove or change behavioral health provider organizations can be initiated by a school district or provider organization and are approved by the County of San Diego's Behavioral Health Services' Children, Youth & Family Administration (County).

School districts have the authority to dismiss a provider from a school at any time; however, a replacement provider is not guaranteed.



Click the links to learn more:

- 1. To Add or Remove
- 2. To Remove School
- 3. To Change a Provider Organization

Standardized Tools

- ❖ Annual School Meeting Instructions & Template Agenda
- ❖ Annual SchoolLink Plan Template
- ❖ Student Referral Form
- ❖ Monthly Communication Log

Annual School Meeting

During the first month of every school year, **behavioral health providers** initiate and coordinate the annual meeting.

WHO SHOULD ATTEND?

The following staff attend the Annual Meeting:

- Principal or designee
- School psychologist, counselor and/or nurse
- Behavioral health provider
- District liaison (optional)



School: _____ Date: _____

Attendees:

Principal or designee: _____ School Psychologist: _____

Counselor or Nurse: _____ BHS Provider: _____

District Liaison (optional): _____

A G E N D A

1. Review the SchoolLink Overview	BHS Provider/School Staff
a. Background	
b. School Protocols	
c. BHS Protocols	
2. Complete the SchoolLink Annual Plan	BHS Provider/School Staff
3. Update the Referral Form for Behavioral Health Services Template	BHS Provider
4. Review provider and school staff documents	BHS Provider/School Staff

Documents for BHS Provider to Bring to Meeting:

1. SchoolLink Annual Plan*
2. Memorandum of Understanding between the BHS Provider and the school district
3. SchoolLink brochure*
4. Provider brochure
5. Behavioral Health Services Access Poster*
6. Referral Form for Behavioral Health Services*
7. Monthly Referral Communication Log*
8. SchoolLink Service Structure*

Documents for School Staff to Bring to Meeting:

1. List of any school personnel
2. Emergency policies and procedures
3. Suicide/Self-Harm policy and procedure
4. School threat protocol
5. Any other relevant school policies or procedures that the provider needs to know

*Forms that can be downloaded from the SchoolLink website.

Annual Plan

List of key contacts, decisions and processes that need to be decided and documented during the Annual School Meeting.



SchoolLink
ANNUAL PLAN

Annual Plan
Date: _____

School: _____ BHS Provider: _____
School Year: _____ Attenders: _____

Liasons:
1. School Liasons: The primary liason is responsible for answering referral questions from staff and parents, and reinforcing the referral process. The secondary liason serves as backup if the primary liason is unavailable.
Primary school liason (name/title): _____
Email: _____ Phone: _____
Secondary school liason (name/title): _____
Email: _____ Phone: _____

2. Behavioral Health Provider
Onsite Provider (name/title): _____
Email: _____ Phone: _____
Provider's Supervisor (name/title): _____
Email: _____ Phone: _____

School Access and Space:
3. What are the school access procedures?
Parking: _____ Sign in/out: _____
Other: _____

4. Where will the provider meet with students?
Primary: _____ Backup: _____

Referral Process:
4. Who at the school can make referrals (i.e. complete and submit the referral form)?
☐ Counselors ☐ School psychologists ☐ Nurse(s)
☐ Teachers ☐ Others: _____

HHSA

Student Referral Form

School staff initiates the referral process using the SchoolLink Referral Form.

Steps required for a successful referral process:

1. Complete referral form
2. Follow submission protocol
3. Document referral was made



SchoolLink
Referral Form for Behavioral Health Services

Insert School Name: _____

☐ Parent/guardian name
Phone: _____
Fax: _____

☐ Staff name
Phone: _____
Fax: _____

☐ Student name
Student ID: _____

Date of Referral: _____ Current School: _____

Type of Insurance: _____ Medicaid (if applicable): _____
DOB: _____ Gender: _____ Ethnicity: _____
Street Address: _____
Home Phone: _____
Referring Party/Title: _____ Phone: _____
Teacher/Grade: _____ IEP: ☐ Y or ☐ N AHA Services on IEP: ☐ Y or ☐ N

Parent/Legal Guardian's Name (who provided consent): _____
Street Address & Telephone Number(s) (if different from above): _____
Primary Language Caretaker: _____ Language Preferred Caretaker: _____
Has Legal Guardian provided consent to provide this referral information to community based providers?
☐ If written consent obtained: Attach the Authorization for Use or Disclosure of Information
if school consent provided to Staff by Parent/Guardian: List Staff Name: _____
Staff Signature: _____ Date Obtained Consent: _____

Presenting Problems (including family concerns, changes in behavior, academic concerns): _____

Health/Physical Symptoms: _____

Mood/Danger to Self or Others: _____

Substance Use History: _____

Recent Changes/Transitions in Student Life: _____

HHSA

Monthly Communication Log

Behavioral health providers document the status of referred students and provide updates to school staff.

[illegible]

Confidential

Document Revised June 2018

Poster

Designed to help explain the different ways to access behavioral health services for youth in San Diego County.

Behavioral Health Services for Youth in San Diego County

[San Diego County Access & Crisis Line](#)
888-724-7240
 7 DAYS A WEEK 24 HOURS

If a student is experiencing a mental health crisis call 911. If you seek help online or find a counselor or provider, the student will need to be referred to the student health services in your county.

SchoolLink

San Diego County Department of Education

County-Funded Behavioral Health Services

OVERVIEW

- Services are provided at no cost to the family or school for the behavioral health services provided to the student or the family.
- There is no general funding for the cost of school health services, so the county is responsible for the costs of the behavioral health services.

HOW TO ACCESS

- Students should be referred to the county for behavioral health services if the student is experiencing a mental health crisis.
- All the services are provided at no cost to the family or the school.

ELIGIBILITY CRITERIA

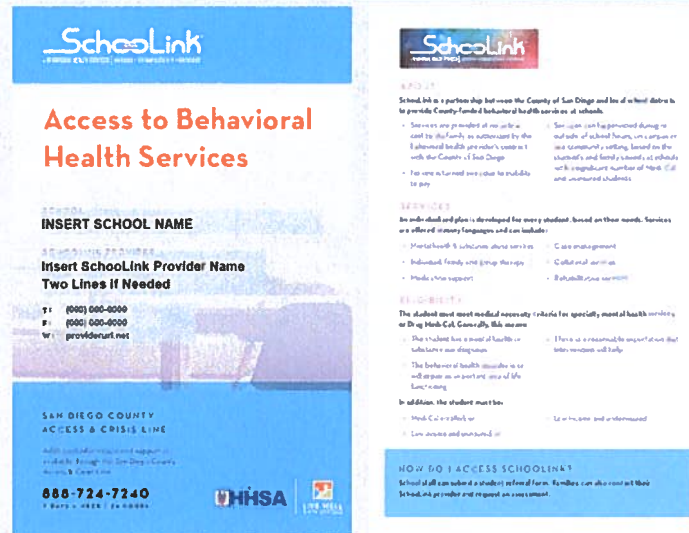
- Students who are identified as having a mental health crisis and are referred to the county for behavioral health services.
- Students who are identified as having a mental health crisis and are referred to the county for behavioral health services.
- Students who are identified as having a mental health crisis and are referred to the county for behavioral health services.
- Students who are identified as having a mental health crisis and are referred to the county for behavioral health services.

Brochure

Customize brochure with school name and SchoolLink provider information.

Place brochures in key locations in the school. It can also be sent home with students.

All materials must be approved by the school prior to distribution.



Where to Find SchoolLink

<https://theacademy.sdsu.edu/programs/bheta/schoolink/>

Questions?

Behavioral Health Services for Youth in San Diego County

SAN DIEGO COUNTY ACCESS & CRISIS LINE

888-724-7240
7 DAYS A WEEK | 24 HOURS

If a student is experiencing a behavioral health crisis, call **911**. If you aren't sure where to refer a student, you can call the **Access & Crisis Line** above or refer the student to the SchoolLink provider on-campus.

SchoolLink
BEHAVIORAL HEALTH SERVICES | ACCESS • COMMUNICATE • CONNECT

County-Funded Behavioral Health Services

OVERVIEW

- Services are provided at no or low cost to the family as authorized by the behavioral health provider's contract with the County of San Diego.
- Services can be provided during or outside of school hours, on-campus or in a community setting, based on the student's and family's needs.

HOW TO ACCESS

- Submit SchoolLink referral form to designated contact on campus or call the SchoolLink provider directly
- Call the Access & Crisis Line at 888-724-7240 for a community-based provider referral

ELIGIBILITY CRITERIA

- Medi-Cal enrolled or low income and uninsured or underinsured youth
- Meets medical necessity criteria for specialty mental health services or Drug Medi-Cal. Generally, this means:
 - > The student has a mental health or substance use diagnosis
 - > The behavioral health disorder is or will impact an important area of life functioning
 - > There is a reasonable expectation that intervention will help

Medi-Cal Health Plans

Medi-Cal health plans can help their members identify a behavioral health provider in their network. Call their behavioral health line for a referral or more information.

COMMUNITY HEALTH GROUP
800-404-3332

KAISER PERMANENTE
877-496-0450

AETNA
855-772-9076

MOLINA HEALTHCARE
855-665-4621

CARE 11
855-321-2211

UNITEDHEALTHCARE
866-270-5765

HEALTHNET
888-426-0030

Private Insurance

Private insurance plans, often provided through a parent's employer, can help their members identify a behavioral health provider in their network. Call the plan's behavioral health line for a referral or more information. The number is usually listed on the insurance card.

Federally Qualified Health Centers

Many federally qualified health centers (also known as community health centers) provide no or low cost behavioral health services. Search online at: findahealthcenter.hrsa.gov or call 211 to find a convenient location.

Primary Care Providers

Primary care providers can provide behavioral health services and/or refer their patients for care.

Educationally Related Services

School districts are responsible for providing special education and related services identified as needed in Individualized Education Plans (IEPs). IEPs may include mental health services. Teachers, administrators, school psychologists and school counselors can provide guidance on the IEP referral and assessment process.



Access to Behavioral Health Services

SCHOOL

INSERT SCHOOL NAME

SCHOOLINK PROVIDER

Insert SchoolLink Provider Name

Two Lines if Needed

T: (000) 000-0000

F: (000) 000-0000

W: [providerurl.net](#)

**SAN DIEGO COUNTY ACCESS
& CRISIS LINE**

Additional information and support is available
through the San Diego County Access & Crisis Line

888-724-7240
7 DAYS A WEEK | 24 HOURS



ABOUT

SchoolLink is a partnership between the County of San Diego and local school districts to provide County-funded behavioral health services at schools.

- Services are provided at no or low cost to the family as authorized by the behavioral health provider's contract with the County of San Diego
- No one is turned away due to inability to pay
- Services can be provided during or outside of school hours, on-campus or in a community setting, based on the student's and family's needs at schools with a significant number of Medi-Cal and uninsured students

SERVICES

An individualized plan is developed for every student, based on their needs. Services are offered in many languages and can include:

- Mental health & substance abuse services
- Individual, family and group therapy
- Medication support
- Case management
- Collateral services
- Rehabilitative services

ELIGIBILITY

The student must meet medical necessity criteria for specialty mental health services or Drug Medi-Cal.

Generally, this means:

- The student has a mental health or substance use diagnosis
- There is a reasonable expectation that intervention will help
- The behavioral health disorder is or will impair an important area of life functioning

In addition, the student must be:

- Medi-Cal enrolled; or
- Low income and underinsured
- Low income and uninsured; or

HOW DO I ACCESS SCHOOLINK?

School staff can submit a student referral form. Families can also contact their SchoolLink provider and request an assessment.



SchoolLink is a longstanding partnership between the County of San Diego and local school districts to provide behavioral health services at schools.

New **SchoolLink** training and tools are available at:
<https://theacademy.sdsu.edu/programs/bheta/schoolink/>

Check out the website for:

- ❖ Best practices for connecting students to care
- ❖ Eligibility guidelines
- ❖ Referral and treatment information
- ❖ Standardized forms & processes
- ❖ *and more...*




SchoolLink is a longstanding partnership between the County of San Diego and local school districts to provide behavioral health services at schools.


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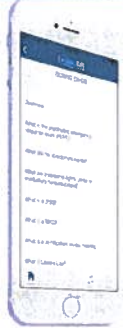
- ❖ Best practices for connecting students to care
- ❖ Eligibility guidelines
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- ❖ *and more...*




 **NAMI San Diego**
National Alliance on Mental Illness

 **oscer**
SAN DIEGO

Your Guide To Navigating the Behavioral Health Scene in San Diego for Adults and Older Adults



Meet  **oscer**
SAN DIEGO


A mobile app to help you, your clients, and your client's loved ones navigate through a mental health crisis with local resources, legal information and support tools

oscer
Organized Support Companion in an Emergency Situation




Despite the fact that 1 in 5 people in the US will experience a mental illness at some point in their life, there is still a strong social stigma that prevents people from seeking the help they need. By the time that they do seek help, they often end up in an Emergency Room that is already too full.

oscer is a mobile app that can be used to privately seek information when someone is in mental health crisis, including legal info and community resources, and answers to many commonly-asked questions regarding mental health.

oscer
Organized Support Companion in an Emergency Situation



- Free mobile app! In English and Spanish
- Find assistance navigating San Diego behavioral health community
- Get education for yourself and your family

GET IT ON  **Google Play**  **Available on the App Store**  **Download from Windows Phone Store**





- CRISIS SUPPORT
- COMMUNITY RESOURCES
- LEGAL SERVICES
- EDUCATIONAL RESOURCES
- RELAXING AUDIOSCAPES
- DISPONIBLE EN ESPANOL
- AVAILABLE OFFLINE

oscer
Organized Support Companion in an Emergency Situation



oscER

Organized Support Companion in an Emergency Situation

- From local psychiatric clinic info to housing assistance and legal aid, **oscER** is the one-stop-shop for local mental health resources
- Find clear, actionable answers to questions that come up either before, during, or after a mental health crisis
- Plus, **oscER** includes soothing soundscapes to help one relax and stay calm during potentially stressful situations



oscER Strengthens Our Community

Healthier Communities

By delivering targeted and hard-to-find mental health resources via a discreet mobile app, **oscER** improves mental health info access on a large scale

Reduce ER Burden

oscER reduces the burden on Emergency Room personnel, as well as first-responders, by putting localized mental health resources at your fingertips

Address Mental Health Stigma

oscER is a new type of app that confronts mental health stigma head on, and changes people's perception in a positive direction

NAMI San Diego
National Alliance on Mental Illness



Your Guide To Navigating the Behavioral Health Scene in San Diego for Children, Youth and Families

oscER jr

Organized Support Companion in an Emergency Situation

- Free mobile app available in English
- **oscER jr** is a companion app that brings the best in mental health technology and helps strengthen your community. It is the youth focused app of **oscER**, and it is built specifically to connect and understand the unique needs of adolescent mental health.



No touch device
no problem

app.oscer.org
app.oscerjr.org



Discover more today!

Search your app store for 'NAMI San Diego' or 'oscER San Diego' or 'oscER jr San Diego'

Questions? Contact us!
information@namisandiego.org
reneecookson@namisd.org

**Sub-Committee Update Report to CYFBHSOC Council
September 10, 2018**

Sub-committee: CYF Liaison

Lead: Renee Cookson

Update

- Monitored monthly outcomes of Senate Bill 906-State Certification for Peer Providers- SB906 is on its way to passing through Senate. Major step passed in June 2018 - Successfully relayed information to Youth/Family Support Partners (Y/FSPs) for their participation and knowledge.
- Discussed various hot topics/resources relevant for the Y/FSP and utilized this information to bring speakers and presentations to Y/FSP Coaching meeting, i.e. ACEs (Adverse Childhood Experiences).
- CYFCSOC Council representation- representing Family Voice and Lived Experience
- May Children's Mental Health Awareness event was successful. Shared successful ways to engage youth prior to the event. **Mental Health & Trauma are Not Always Black and White** art piece is ready for display
- Y/FSP partner representation in schools, community and programs, through presentations/trainings incorporating Lived Experience within the curriculum
- Peer Outreach success-NAMI SD held free 20-hour Peer/Family Support Specialist trainings because of this Y/FSP job openings are being filled more successfully
- Sharing of Y/FSP job openings in the CYFL Newsletter, website and Career Pathways direct emails
- CMHACY Scholarship shared with TAY Youth and Y/FSP
- Representation at "We Can't Wait" conference by Shane Drosi
- Representation on TAY Council by Shane Drosi
- Representation at the SOAP meeting for SUD by Valerie Hebert
- Representation of TAY and parent at sub-committee and CSOC orientation
- CMHACY Scholarship recipient shared experience with CSOC sub-committee
- Representation at Senate Bill 906 forum (Linda Ketterer/Sue McCoy)

FY18/19 Goals/Focus Areas

- Continued outreach for sector representation (i.e. education)
- Continued discussions on Hot Topics to bring education, resources and awareness to FYPs
- Continued observation of Senate Bill 906 to ensure lived experience and curriculum is relevant to peer partner support
- Y/FSP retreat/conference/symposium proposed
- Continued outreach for TAY community
- Consider alternate method of celebrating the May Children's Mental Health Awareness event so more families are engaged



☐ Sub-Committee has 4 sector representation (working on Education)

☒ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

☐ Private Sector

☐ Public Sector

☒ Education Sector

☐ Family/Youth Sector

To join the sub-committee please contact Renee Cookson at
ReneeCookson@namisd.org

Family and Youth as Partners:

Sub-Committee meets the 3rd Thursday of the each month from 2:00 to 3:30 P.M.
in the Del Mar Room- 3255 Camino Del Rio South, San Diego, CA 92108

Family and Youth Sector:

Meets quarterly the 4th Thursday of the month
at 8964 N Magnolia St, San Diego, CA 92071 from 6:30 to 8:00pm



**Sub-Committee/Groups Update Report to CYFBHSOC Council
September 10, 2018**

Quality Improvement (QI) - Quality Management (QM)

Lead: Heather Parson

Updates:

- QM...Up to the minute- August 2018

Link: <https://www.optumsandiego.com/content/dam/san-diego/documents/organizationalproviders/uttm1/UTTM - August 2018.pdf>

Fiscal Year 18-19 Goals/Focus Areas:



Sub-Committee Update Report to CYFBHSOC Council
September 10, 2018

Sub-committee: Change Agents Developing Recovery Excellence (CADRE)

Lead: Shannon Jackson

Update

- CADRE- CADRE is continuing to work to support programs to work effectively with individuals with both and substance use disorder and mental health diagnosis. Currently, the Training Academy is being updated to encompass the changes related to DMC ODS and overall changes in the Systems of Care.
- CADRE CYF Subcommittee- Recently hosted a presentation on Marijuana use trends in Youth, from the Marijuana Prevention Initiative. The next subcommittee meeting will have a presentation on DMC-ODS.
- CADRE Tobacco Cessation Initiative Subcommittee- The subcommittee continues to support and mentor programs that are working on tobacco cessation at their program. The subcommittee recently finished the development of Toolkits for levels 7 and 8, and will be working to include information about newer trends, such as vaping.

FY18/19 Goals/Focus Areas

- Support implementation of the Drug Medi-Cal Organized Delivery System (DMC-ODS) at the provider level to maximize new services like case management and to ensure seamless transitions in care
 - Enhance care coordination between SUD and Mental Health programs:
 - Ensure collaboration is part of discharge planning
 - Continue to build relationships and connections between providers
 - Schedule tours of each other's program
 - Develop a contact card for program-to-program communication
- Provide ongoing in-service presentations to leverage and learn more about resources for youth and their families

☒ Sub-Committee has 4 Sector Representation

☐ Sub-Committee is recruiting for 4 sector representation and specifically looking for committee members to represent:

- ☐ Private Sector
- ☐ Public Sector
- ☐ Education Sector
- ☐ Family/Youth Sector

To join the CADRE sub-committee please contact Shannon Jackson at
Shannon.Jackson@sdcounty.ca.gov

CADRE Sub-Committee meets quarterly the 2nd Wednesday from 12:00 – 1:30 P.M. in
the La Vista Room- 3255 Camino Del Rio South, San Diego, CA 92108





9th Annual Early Childhood Mental Health Conference - We Can't Wait!

Embracing Our Diversity: Intervening Early in Every Community

September 13-15, 2018
Crowne Plaza Hotel, San Diego, CA

Don't miss this incredible conference! Register Today!

The 9th Annual Early Childhood Mental Health Conference (ECMH) will provide evidence-based, trauma informed practices for professionals involved in education and treatment for young children and their families.

Presenters will address early childhood development, treatment of complex disorders in children and unique collaborative strategies between early education providers and behavioral health practitioners. Sessions will also highlight the challenges faced by children and families not typically well served by our systems, such as immigrants and refugees, as well as Native Americans, African Americans, military families, grandparent led families, and families with LGBTQI+ members. This conference will provide a cultural lens for how to provide more informed, compassionate, and effective practices when serving young children, (birth-6 years of age) and their families.

Don't miss this opportunity to hear an all-star lineup of speakers including Chandra Gosh-Ippen, PhD, Associate Director, Child Trauma Research Program, University of California, San Francisco and the Director of Dissemination for Child-Parent Psychotherapy (CPP). Also presenting are local child psychiatrists Jeff Rowe, MD, Mark Chenven, MD, Charmi Patel Rao, MD; local pediatricians Donald Miller, MD, MPH, Wendy Pavlovich, MD, Pradeep Gidwani, MD

If you are involved in providing assessment, treatment, education, support, and child-care for children & families, this conference is for you!

Thursday, Sept 13 and Friday, Sept 14, 2018

Two days of evidence based, trauma informed best practices in Early Childhood Mental Health.

Topics will include these (and more):

- Engaging families from diverse cultures
- Historical trauma and its role in engagement
- Intergenerational trauma
- Developmental psychopathology and trauma
- The impact of community violence on infants and young children
- The impact of technology on young children
- How different cultures deal with grief
- Vicarious trauma and wellness
- Engaging immigrant survivors of violence
- Engagement of military families
- Engaging fathers

Saturday, Sept 15, 2018

Half-day Intensive focusing on creative strategies and teamwork between early childhood educators and behavioral health providers

Saturday's program will focus on topics related to the skills, knowledge, collaboration and cooperation needed between behavioral health providers and early childhood educators.

- Preschool suspension/expulsion,
- Managing challenging behavior in the classroom,
- Recognizing signs of child abuse and neglect and/or other traumas,
- Creating positive discipline,
- Supporting social-emotional competence,
- Engaging parents

Register here: <http://www.earlychildhoodmentalhealth-sandiego.com>

2018 RECOVERY HAPPENS



Original oil painting is a collaborative effort involving more than 50 participants at a local health facility with the gentle guidance and encouraging hand of artist and educator Linda Bounds.

Celebration and Picnic in the Park

Saturday, September 15, 2018 10:00 a.m.-1:00 p.m.
Liberty Station NTC Park 2455 Cushing Road, San Diego

*Recovery Countdown * Resource Fair * Success Stories *
*Music and Fun Family Activities *
*Free Event Open to the Public with All Ages Welcome *

Bring your picnic and join us to celebrate recovery and wellness!

Recovery Happens is hosted annually in recognition of National Recovery Month to honor and support those on the journey of recovery by the County of San Diego Health and Human Services Agency's Behavioral Health Services and our many prevention and treatment partners.



OCT
12 2018

\$50 PER INDIVIDUAL

• Tasha Smith
858-292-3795
tashas@sdcoe.net

ANNUAL SUMMIT

on Student Engagement and Attendance
EVERY STUDENT, EVERY DAY!

Marina Village Conference Center
1936 Quivira Way, San Diego
8 a.m. to 2 p.m.

PARTICIPANT REGISTRATION | <http://sdcoe.k12oms.org/918-153033>

PLEASE REGISTER BY OCTOBER 4, 2018

SESSION TOPICS

- Student Achievement*
- School Climate*
- Student Engagement*
- Drug Trends
- HHSA Regional Presentations on Making Effective Referrals
- Linking Youth And Families With Behavioral Health Services
- Restorative Practices In A SART/SARB Setting
- Supporting LGBTQ Youth
- Suicide Prevention
- Youth Engagement

*LCAP PRIORITIES

SPECIAL EVENTS

- Resource Fair: Connect with your regional behavioral health services providers!
- Door Prizes!
- Networking!

Registration fee is non-refundable, but substitutions will be accepted

Participants may be photographed for use in promotional and/or news materials.



S3

